

Contentment

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I. Introduction.

A. Many get frostbitten amidst the winter of their discontent.

II. Causes of discontentment.

A. A desire for a different status.

B. Comparing oneself with others.

C. A desire for a different place.

D. A desire for a different look.

E. A desire for a different pace.

F. Great expectations.

G. A desire for less waste.

H. A desire for a base in your life, which should be Jesus. (1 Corinthians 3:11)

III. Places you cannot find contentment.

A. Family and friends. (Zechariah 13:6)

B. Circumstances.

C. Things and possessions. (Luke 12:15)

D. Jobs. (Psalm 75:6-7)

E. Marriage or singleness. (Psalm 84:11)

F. Government.

G. Wealth. (Ecclesiastes 5:10-11; Proverbs 30:8-9)

1. Because of greed.

2. Because of fear.

3. Because things do not bring happiness.

4. Because a wealthy person never knows who their real friends are.

IV. Place to find contentment: godliness. (1 Timothy 6:6-8)

A. Contentment is being convinced that God is willing, able and in the process of providing everything I need in order to be and do everything God wants both now and forever. (2 Kings 4)

B. We should never be content with our spiritual state. (Colossians 2:7)

V. Contentment is found in one's relationship with Christ.

A. Acceptance. (1 Timothy 6:15; Ephesians 1:6; Jeremiah 29:11; Ephesians 1:8)

1. A clear conscience.

2. Peacefulness. (Proverbs 14:30; 21:9, 19)

B. Thankfulness. (1 Thessalonians 5:18)

C. Seeing things from God's point of view. (Colossians 1:19; 2:1-2; 2 Corinthians 3:18; Psalm 46:10; Proverbs 22:19)

D. Desiring God above all else. (Matthew 6:33)

E. Realize and believe that God is in control and trust him. (Deuteronomy 29:29; 1 Timothy 6:15; Psalm 115:3; Romans 8:28-29; Psalm 17:1)

Application questions:

1. What is keeping you from contentment?

2. What is the path contentment?

3. What can you do to ensure long lasting contentment? Explain.
