

QUIET TIME
"TAPPING THE POWER OF GOD WITHIN US"

Introduction:

Foundational Scripture

2 Peter 1:3-8

3 His divine power has given us everything we need for life and godliness through our knowledge of him who called us by his own glory and goodness. 4 Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature and escape the corruption in the world caused by evil desires.

5 For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; 6 and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; 7 and to godliness, brotherly kindness; and to brotherly kindness, love. 8 For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ.

I. God's desire for intimacy with us

Hos 6:6

6 I want you to show love, not offer sacrifices. I want you to know me more than I want burnt offerings.

Holy Bible, New Living Translation

Phil 3:8-11 (Paul says:)

8 What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ 9 and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ — the righteousness that comes from God and is by faith.

10 I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death, 11 and so, somehow, to attain to the resurrection from the dead
NIV

Ps 27:8

*8 My heart has heard you say, "Come and talk with me." And my heart responds, "Lord, I am coming."
NLT.*

Matt 22:37-38

37 Jesus said: "Love the Lord your God with all your heart and with all your soul and with all your mind." 38 This is the first and greatest commandment.

Matt 6:33:

*33 But seek first his kingdom and his righteousness, and all these things will be given to you as well.
NIV*

II. The God we are seeking—our need for intimacy with Him

Job 20:20

*20 "Because he knew no quiet within him,
He does not retain anything he desires.*

Job 3:26

*26 "I am not at ease, nor am I quiet,
And I am not at rest, but turmoil comes."*

Ps 42:5a

Why are you in despair, O my soul? And why have you become disturbed within me?

Prov 14:12

*12 There is a way which seems right to a man,
But its end is the way of death.*

Rom 12:1-2

12:1 Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God — this is your spiritual act of worship. 2 Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is — his good, pleasing and perfect will.

Gal 3:3

3 Are you so foolish? Having begun by the Spirit, are you now being perfected by the flesh?

John 15:4-8

4 " Abide in Me, and I in you. As the branch cannot bear fruit of itself unless it abides in the vine, so neither can you unless you abide in Me. 5 "I am the vine, you are the branches; he who abides in Me and I in him, he bears much fruit, for apart from Me you can do nothing. 6 "If anyone does not abide in Me, he is thrown away as a branch and dries up; and they gather them, and cast them into the fire and they are burned. 7 "If you abide in Me, and My words abide in you, ask whatever you wish, and it will be done for you. 8 "My Father is glorified by this, that you bear much fruit, and so prove to be My disciples.

Ps 1:2-3

But his delight is in the law of the LORD, And in His law he meditates day and night. 3 And he will be like a tree firmly planted by streams of water, Which yields its fruit in its season, And its leaf does not wither; And in whatever he does, he prospers.

2 Cor 7:1

Therefore, having these promises, beloved, let us cleanse ourselves from all defilement of flesh and spirit, perfecting holiness in the fear of God.

Gal 5:16-17

16 But I say, walk by the Spirit, and you will not carry out the desire of the flesh. 17 For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.

Ps 90:12-17

So teach us to number our days, That we may present to You a heart of wisdom. 13 Do return, O LORD; how long will it be? And be sorry for Your servants. 14 O satisfy us in the morning with Your loving kindness, That we may sing for joy and be glad all our days. 15 Make us glad according to the days You have afflicted us, And the years we have seen evil. 16 Let Your work appear to Your servants And Your majesty to their children. 17 Let the favor of the Lord our God be upon us; And confirm for us the work of our hands; Yes, confirm the work of our hands.

Matt 7:13-14

13 "Enter through the narrow gate; for the gate is wide and the way is broad that leads to destruction, and there are many who enter through it. 14 "For the gate is small and the way is narrow that leads to life, and there are few who find it.

John 10:10

10 "The thief comes only to steal and kill and destroy; I came that they may have life, and have it abundantly.

2 Cor 1:8b-9

we were burdened excessively, beyond our strength, so that we despaired even of life; 9 indeed, we had the sentence of death within ourselves so that we would not trust in ourselves, but in God who raises the dead;

Ps 46:10a

10 "Be silent, and know that I am God!

Ps 119:114

*114 You're my place of quiet retreat;
I wait for your Word to renew me.
(THE MESSAGE)*

Ps 107:30

*30 Then they were glad because they were quiet,
So He guided them to their desired haven.*

III. Hindrances to intimacy with God.

Matt 13:22-23

22 "And the one on whom seed was sown among the thorns, this is the man who hears the word, and the worry of the world and the deceitfulness of wealth choke the word, and it becomes unfruitful. 23 "And the one on whom seed was sown on the good soil, this is the man who hears the word and understands it; who indeed bears fruit and brings forth, some a hundredfold, some sixty, and some thirty."

IV. The purpose and power of time alone with God.

Putting on the full armor of God

Eph 6:10-17

10 Finally, be strong in the Lord and in the strength of His might. 11 Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil. 12 For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places. 13 Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm. 14 Stand firm therefore, HAVING GIRDED YOUR LOINS WITH TRUTH, and HAVING PUT ON THE BREASTPLATE OF RIGHTEOUSNESS, 15 and having shod YOUR FEET WITH THE PREPARATION OF THE GOSPEL OF PEACE; 16 in addition to all, taking up the shield of faith with which you will be able to extinguish all the flaming arrows of the evil one. 17 And take THE HELMET OF SALVATION, and the sword of the Spirit, which is the word of God.

Ps 50:16-17

*6 But to the wicked God says,
"What right have you to tell of My statutes
And to take My covenant in your mouth?
17 "For you hate discipline,
And you cast My words behind you.*

Prov 6:23

*23 For the commandment is a lamp and the teaching is light;
And reproofs for discipline are the way of life.*

Prov 13:18

*18 Poverty and shame will come to him who neglects discipline,
But he who regards reproof will be honored.*

Prov 23:12

*12 Apply your heart to discipline
And your ears to words of knowledge.*

1 Cor 9:24-27

*24 Do you not know that those who run in a race all run, but only one
receives the prize? Run in such a way that you may win. 25 Everyone who
competes in the games exercises self-control in all things. They then do it to
receive a perishable wreath, but we an imperishable. 26 Therefore I run in
such a way, as not without aim; I box in such a way, as not beating the air;
27 but I discipline my body and make it my slave, so that, after I have
preached to others, I myself will not be disqualified.*

Col 2:4-5

*5 For even though I am absent in body, nevertheless I am with you in
spirit, rejoicing to see your good discipline and the stability of your faith in
Christ.*

1 Tim 4:7-10

*On the other hand, discipline yourself for the purpose of godliness; 8 for
bodily discipline is only of little profit, but godliness is profitable for all
things, since it holds promise for the present life and also for the life to
come. 9 It is a trustworthy statement deserving full acceptance. 10 For it is
for this we labor and strive, because we have fixed our hope on the living
God, who is the Savior of all men, especially of believers.*

Acts 1:8

*8 But you will receive power when the Holy Spirit comes on you; and you
will be my witnesses in Jerusalem, and in all Judea and Samaria, and to
the ends of the earth."*

Zeph 1:7

*7[Hush!] Be silent before the Lord God, for the day [of the vengeance] of the
Lord is near; for the Lord has prepared a sacrifice, and He has set apart
[for His use] those who have accepted His invitation. [Hab 2:20.] AMP*

Gal 5:22-23

But the fruit of the Spirit is love, joy, peace, patience, kindness, gentleness, faithfulness and self-control. Against such things there is no law.

V. The need for a daily "Morning" Quiet Time

Ps 5:3

*In the morning, O LORD, You will hear my voice;
In the morning I will order my prayer to You and eagerly watch.*

Ps 88:13

*But I, O LORD, have cried out to You for help,
And in the morning my prayer comes before You.*

Ps 119:147

*I rise before dawn and cry for help;
I wait for Your words.*

Mark 1:35

In the early morning, while it was still dark, Jesus got up, left the house, and went away to a secluded place, and was praying there.

Luke 4:42

At daybreak Jesus went out (from Peter's house) to a solitary place.

Ps 23

*The LORD is my shepherd,
I shall not want.
2 He makes me lie down in green pastures;
He leads me beside quiet waters.
3 He restores my soul;
He guides me in the paths of righteousness
For His name's sake.
4 Even though I walk through the valley of the shadow of death,
I fear no evil, for You are with me;
Your rod and Your staff, they comfort me.*

*5 You prepare a table before me in the presence of my enemies;
You have anointed my head with oil;
My cup overflows.
6 Surely goodness and mercy will follow me all the days of my life,
And I will dwell in the house of the LORD forever.*

**VI. The Daily Quiet Time: Developing methods, application
(practical helps) & accountability**

Matt 6:6 says:

6 "Here's what I want you to do: Find a quiet, secluded place so you won't be tempted to role-play before God. Just be there as simply and honestly as you can manage. The focus will shift from you to God, and you will begin to sense his grace.

Matt 6:33

33 But seek first his kingdom and his righteousness, and all these things will be given to you as well.

VII. Steps of Faith found in the closet

Jer 33:3

3 'Call to Me, and I will answer you, and I will tell you great and mighty things, which you do not know.'

NASB

Luke 16:10-

10 " He who is faithful in a very little thing is faithful also in much; and he who is unrighteous in a very little thing is unrighteous also in much.

NASU

A—Aderation: "Great is the Lord and greatly to be praised" Ps 48:1a.

Praise God for His: goodness, patience, love, grace, knowledge, power, holiness, wisdom, greatness, glory, etc.

"O Lord, open my lips, and my mouth will declare your praise."

Ps 51:15

C—Confession: Ask God to probe your heart for anything He would have you confess and forsake.

"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." 1 John 1:9

T—Thanksgiving: "In every thing give thanks: for this is the will of God in Christ Jesus concerning you." 1 Thess 5:18 KJV

Thank God for what He has done and for what He is going to do.

S—Supplication—praying specific blessings for specific people

"This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. 15 And if we know that he hears us — whatever we ask — we know that we have what we asked of him." 1 Jehn 5:14-15 NIV

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Phil 4:6-7

NIV

"With God all things are possible." NKJV Mark10:27

VIII. Getting started

Matt 6:33-34

3 But seek first his kingdom and his righteousness, and all these things will be given to you as well.

NIV

Luke 18:29-30

29 "I tell you the truth," Jesus said to them, "no one who has left home or wife or brothers or parents or children for the sake of the kingdom of God 30 will fail to receive many times as much in this age and, in the age to come, eternal life."

NIV

John 12:26

26 "If anyone serves Me, let him follow Me; and where I am, there shall My servant also be; if anyone serves Me, the Father will honor him.

NASB

John 15:5-8

5 "I am the vine, you are the branches; he who abides in Me, and I in him, he bears much fruit; for apart from Me you can do nothing. 6 "If anyone does not abide in Me, he is thrown away as a branch, and dries up; and they gather them, and cast them into the fire, and they are burned. 7 "If you abide in Me, and My words abide in you, ask whatever you wish, and it shall be done for you.

NASB

Gal 2:20-21

20 I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me.

NIV

Phil 1:21

21 For to me, to live is Christ and to die is gain

NIV

Josh 1:8

8 Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.

NIV

Ps 37:31

31 The law of his God is in his heart; his feet do not slip.

NIV

Ps 119:9-11

9 How can a young man keep his way pure? By living according to your word.

11 I have hidden your word in my heart that I might not sin against you.

NIV

Ps 119:105

105 Your word is a lamp to my feet and a light to my path.

AMP

Ps 119:130

130 The unfolding of your words gives light; it gives understanding to the simple.

NIV

Matt 4:4

4 Jesus answered, "It is written: 'Man does not live on bread alone, but on every word that comes from the mouth of God.'"

NIV

John 8:31-32

31 To the Jews who had believed him, Jesus said, "If you hold to my teaching, you are really my disciples. 32 Then you will know the truth, and the truth will set you free."

NIV

Heb 4:12

12 For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

NIV

2 Tim 3:15-4:1

16 All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, 17 so that the man of God may be thoroughly equipped for every good work.

NIV

Jer 33:3

3 'Call to Me, and I will answer you, and I will tell you great and mighty things, which you do not know.'

NASB

Luke 16:10-

10 " He who is faithful in a very little thing is faithful also in much; and he who is unrighteous in a very little thing is unrighteous also in much.

NASU

Ps 90:12

2 Teach us to number our days aright, that we may gain a heart of wisdom.

NIV

Matt 7:7-8

7 "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. 8 For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened.

NIV

Mark 11:24

24 Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.

NIV

John 14:13-14

13 And I will do whatever you ask in my name, so that the Son may bring glory to the Father. 14 You may ask me for anything in my name, and I will do it.

NIV

Heb 4:16

6 Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

NIV

Phil 4:6-7

6 Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

NIV

James 4:2b

You do not have, because you do not ask God.

NIV

James 5:16b

The prayer of a righteous man is powerful and effective.

NIV

1 Peter 2:1-2

2:1 So get rid of all evil behavior. Be done with all deceit, hypocrisy, jealousy, and all unkind speech.

NLT.

IX. Taking time alone with God to a new level. The need for extended times alone with Him.

Ex 24:18

18 Moses entered the midst of the cloud as he went up to the mountain; and Moses was on the mountain forty days and forty nights.

Deut 9:11

11 "It came about at the end of forty days and nights that the LORD gave me the two tablets of stone, the tablets of the covenant.

Deut 9:18

18 " I fell down before the LORD, as at the first, forty days and nights; I neither ate bread nor drank water, because of all your sin which you had committed in doing what was evil in the sight of the LORD to provoke Him to anger.

Deut 9:25

25 " So I fell down before the LORD the forty days and nights, which I did because the LORD had said He would destroy you.

Matt 4:1-3

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. 2 And after He had fasted forty days and forty nights, He then became hungry. 3 And the tempter came and said to Him,

Luke 6:12-16

It was at this time that He went off to the mountain to pray, and He spent the whole night in prayer to God. 13 And when day came, He called His disciples to Him and chose twelve of them, whom He also named as apostles:

Matt 14:13 (Before He fed the Five Thousand)

13 Now when Jesus heard about John, He withdrew from there in a boat to a secluded place by Himself;

Mark 6:30-32

30 The apostles gathered together with Jesus; and they reported to Him all that they had done and taught. 31 And He said to them, "Come away by yourselves to a secluded place and rest a while." (For there were many people coming and going, and they did not even have time to eat.) 32 They went away in the boat to a secluded place by themselves.

Mark 6:46 (before He walked on water, rebuked the wind and had Peter come to Him on the water)

46 After bidding them farewell, He left for the mountain to pray.

X. Extended time alone with God—What will I do? (see outline)

XI. Where will He take me?

Phil 3:10

10[For my determined purpose is] that I may know Him [that I may progressively become more deeply and intimately acquainted with Him, perceiving and recognizing and understanding the wonders of His Person more strongly and more clearly], and that I may in that same way come to know the power outflowing from His resurrection [which it exerts over believers], and that I may so share His sufferings as to be continually transformed [in spirit into His likeness even] to His death, [in the hope]
AMP

XII. Application - Partnering with God begins by hearing God's voice

2 Peter 1³⁻⁸

3 His divine power has given us everything we need for life and godliness through our knowledge of him who called us by his own glory and goodness. 4 Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature and escape the corruption in the world caused by evil desires.

5 For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; 6 and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; 7 and to godliness, brotherly kindness; and to brotherly kindness, love. 8 For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ.

NIV

Jude 24-25

24 Now to Him who is able to keep you from stumbling, and to make you stand in the presence of His glory blameless with great joy, 25 to the only God our Savior, through Jesus Christ our Lord, be glory, majesty, dominion and authority, before all time and now and forever. Amen.