

FOLLOW UP

Conserving the fruits of evangelism
Spiritual pediatrics.
Establishing a new believer in the faith

“HELPING A CHRISTIAN GROW FROM IMMATURITY TO DISCIPLESHIP.”

2 Peter 3:18 “But grow in grace and in the knowledge of our Lord and Savior Jesus”

Being A Spiritual Parent I Cor.4:15

Paul’s Goal: Every Person Alive To Be Mature In Christ Colossians 1:28,29

HOW PAUL DID FOLLOW UP I Thess. 2:7,8,10-12,13, 1 Thess. 3:5

I. Scriptural Roots of Follow Up

A. THE GREAT COMMISSION

1. The Evangelization Of The World Mark 16:15

a. Personal Evangelism Mass evangelism

b. The Message of The Great Commission Lk.24: 47

c. Our Motivation Is To Obey Our Lord John 20:21 John 17:4-6,

2. Discipling of the Saved Matt. 28:18-20

1. All authority is Christ's

2. On the basis of His authority we can make disciples

3. We're to do it "as we are going."

4. We are to make converts who will be followed up and made into disciples--learners of Christ.

5. We are to see that they get baptized as believers

6. Teach them all He commanded "including the command to go make disciples."

Acts 1:8 "But ye shall receive power....."

B. Spiritual multiplication 2 Tim. 2:2 Born To Reproduce.

II. THE Follow Up PART OF DISCIPLESHIP

A. Pursue Them For Christ

B. Become a Spiritual Parent

C. Our Goal Of Follow UP

1. Spiritual Pediatrics

2. Establishing Them In The Faith

D. How Paul Did Follow Up I Thess. 2:7,8,9,10, 13, 3:5

E. Small Group Or One To One

1. Jesus Example

2. Paul’s Example

III. THE BASIC TOOLS OF FOLLOW UP AND DISCIPLEMAKING

A. THE WORD OF GOD

B. PRAYER 1 Sam. 12:23

B. YOUR OWN LIFE 2 Tim.3:10,11

1. "Disciplemaking is the fruit of a disciplined life." Mt. 7:3-5

2. You reproduce after your own kind whether you want to or not.

IV. HOW TO DO FOLLOW UP

A. MEN WILL REPRODUCE WITH OTHERS WHAT HAS WE DO WITH THEM

B. GET YOUR MAN HELPING SOMEONE ELSE AS SOON AS POSSIBLE

C. SEVEN MEETING FOLLOW UP PLAN

D. SESSION ONE: BWC 7 MINUTES WITH GOD

E. WHAT IS A DISCIPLE

Minimum Qualifications of a Biblical Disciple.

V. EIGHT MINISTRIES OF DISCIPLEMAKING

A. DISCIPLESHIP

a. Knowledge

b. Faithful, Available, Teachable

1. Faithful

A disciple is becoming faithful to do what he committed to do. **Lk.16:10**

2. Available Mt.4:19, 20

3. Open and Teachable Heb.5:8 Prov. 10:17 Prov. 18:2

VI. HAVE A PLAN TO NAVIGATE BY

A. RIGHT SELECTION OF MATERIALS 1 Chron. 16:9 Is. 66:2 (Berkley)

Use the materials that will take the person directly where you want to go.

B. FINDING THE RIGHT MAN TO HELP Ez. 22:30

1. Commitment to the Vision

2. Prayer - Luke 6:12 John 3:26 NASB John 17:6

3. Outreach

VII. PRINCIPLES AND PROBLEMS IN FOLLOW UP

A. Pacesetting In All Things We Are Trying To Teach

a. The Basics

1. share verses,

2. cover assignments,

3. time for conversation about his needs.

4. Ask about his quiet time

5. You may also doing your basic Bible study with him m2m.

6. Read related material together – expose him to the classics.

7. Share prayer requests and pray together.

b. Casual/fun

SEVEN MEETING FOLLOW UP PLAN

"If you led a person to Christ who was in your city for a special school and you had only eight weeks to follow him up and you knew that you would never have direct contact with him again, what would you do with this new babe in Christ in the following major areas assuming that you have only 7 structured one-hour one to one meetings to do it in? List the materials that you would use by the topic.

Assurance of Salvation _____

The Word _____

Hearing _____

Reading _____

Bible Study _____

Application _____

Scripture Memory _____

Prayer _____

Quiet time _____

Fellowship _____

The Church _____

Baptism _____

Witnessing _____

Other _____

MINIMUM QUALIFICATIONS OF A BIBLICAL DISCIPLE

1. John 3:3 KJV "Verily, verily, I say unto thee, except a man be born again, he cannot see the kingdom of God."

John 6:47 NASB "Truly, truly, I say to you, he who believes has eternal life."

2. Lk. 14:26 RSV "If anyone comes to me and does not hate his own father and mother and wife and children, yes and even his own life he cannot be my disciple."

3. Lk. 14:27 RSV "Whoever does not bear his own cross and come after me cannot be my disciple."

4. Lk. 14:33 KJV "So, likewise, whosoever he be of you that forsaketh not all that he hath, he cannot be my disciple." ___

5. John 8:31 RSV "Jesus then said to the Jews who had believed in Him, 'If you continue in My Word you are truly my disciples,'"

6. John 15:8 RSV "By this is My Father glorified that you bear much fruit and so prove to be my disciples."

7. John 13:34,35 KJV "A new commandment I give unto you, that ye love one another; as I have loved you, that ye also love one another. By this shall all men know that ye are my disciples, if ye have love one to another."

8. Matt. 28:19,20 "Go therefore and make disciples of all nations, baptizing them in the Name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you; and lo, I am with you always, to close of the age."

EPHESIANS 2:8-9

^aFor it is by grace you have been saved, through faith—and this not from yourselves, it is the gift of God—^bnot by works, so that no one can boast.

JOHN 5:24

^aI tell you the truth, whoever hears my word and believes him who sent me has eternal life and will not be condemned; he has crossed over from death to life.”

JOHN 6:38

^aFor I have come down from heaven not to do my will but to do the will of him who sent me.”

ISAIAH 59:2

But your iniquities have separated you from your God; your sins have hidden his face from you, so that he will not hear.

JOHN 15:7

^aIf you remain in me and my words remain in you, ask whatever you wish, and it will be given you.”

JOHN 20:30-31

^aJesus did many other miraculous signs in the presence of his disciples, which are not recorded in this book. ^bBut these are written that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in his name.

ROMANS 5:8

God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

1 PETER 3:18

For Christ died for sins once for all, the righteous for the unrighteous, to bring you to God. He was put to death in the body but made alive by the Spirit.

1

ASSURANCE OF SALVATION

MEMORIZE 1 JOHN 5:11-12

Assurance of Salvation

And this is the testimony: God has given us eternal life, and this life is in his Son. He who has the Son has life; he who does not have the Son of God does not have life.
1 John 5:11-12

The five verses you will memorize and study in *Lessons on Assurance* will equip you for your first encounters with the enemy. His first approach is often to cast doubt on the work God has done in your heart. Although you won't hear his audible voice, he will whisper this in your mind:

“You don't think you are saved and your sins forgiven just by believing and receiving Christ? Surely that is not enough!”

What will your answer be? Your only hope of successfully resisting such an attack is to resort to God's word. What does God say about the matter? That is the important thing for you to know.

On the basis of this “testimony”—God's written word—you can be convinced you have the Lord Jesus Christ, and with Him eternal life. You can thus overcome in this first test of your faith. The attack may recur, but now you can meet it with the word of God in your heart.

EXPLORING 1 JOHN 5:11-12

Who gives eternal life?

Where is eternal life found?

Who has eternal life?

Who does not have eternal life?

"THIS IS THE TESTIMONY"

1. What did John say in John 20:31 about why he wrote this book?

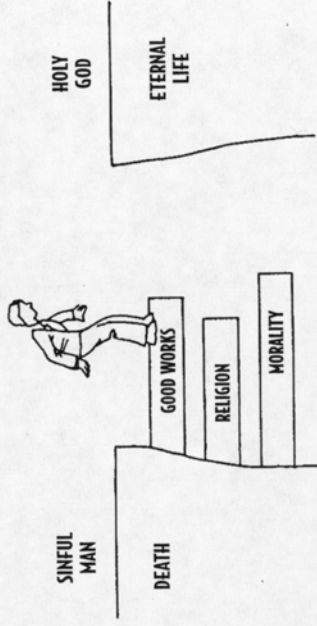
"GOD HAS GIVEN US ETERNAL LIFE"

2. According to Romans 5:8, how has God shown that He loves you?

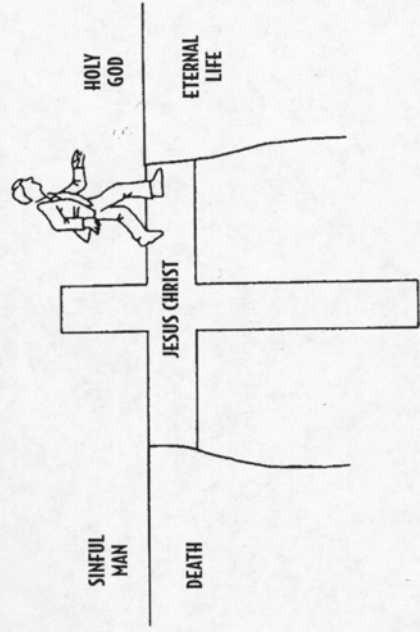
3. What results of man's sinfulness are listed in Isaiah 59:2?



4. Read Ephesians 2:8-9. Why do human efforts always fail to reach God?



5. In 1 Peter 3:18 how did Peter explain what God has done to bring men to Himself?

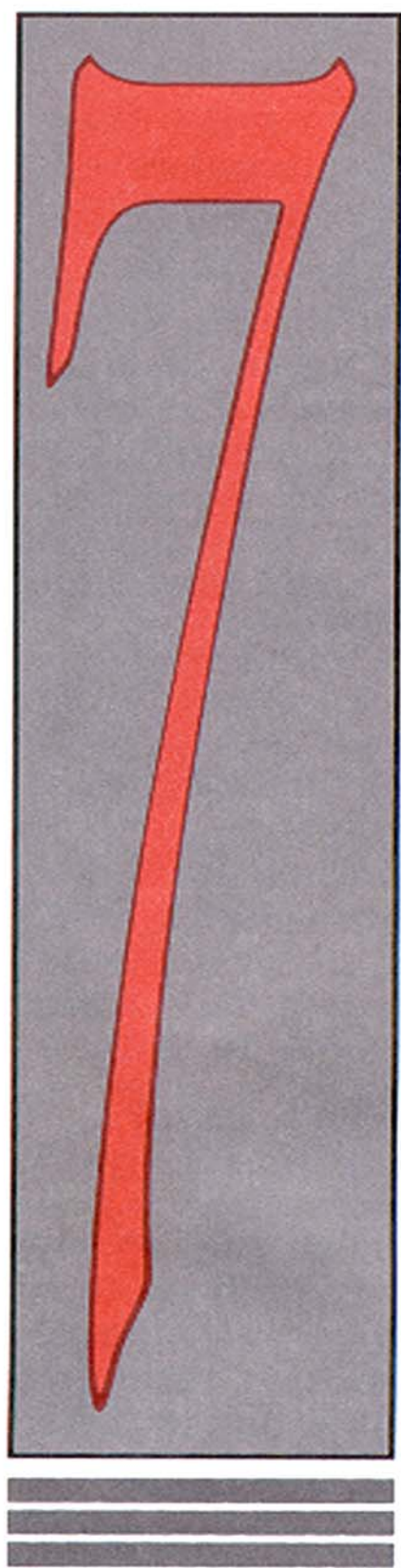


How To Find The Man God Wants You To Help

THINK OF.....

1. Someone who may lack assurance of salvation.
2. Someone who may be coming from a works-for-salvation direction.
3. Someone who is a believer but who may not have a consistent devotional life.
4. Someone who may not be memorizing scripture.
5. Someone who may not be living in victory over sin.
6. Someone who isn't staying clean through confession of sin.
7. Someone who isn't having victory in their prayer life.
8. Someone who is immature in the faith.

Write down one or more names of people that you can follow up if God gives them to you.



MINUTES
♦ WITH ♦

GOD

HOW TO PLAN
♦ A DAILY ♦
QUIET TIME

Seven Minutes with God

Robert D. Foster

It was in 1882 on the campus of Cambridge University that the world was first given the slogan:

Remember the morning watch.

Students like Hooper and Thornton found their days "loaded" with studies, lectures, games and bull sessions. Enthusiasm and activity were the order of the day. These dedicated men soon discovered a flaw in their spiritual armor—a small crack which if not soon closed, would bring disaster.

They sought an answer and came up with a scheme they called the morning watch—a plan to spend the first minutes of a new day alone with God, praying and reading the Bible.

The morning watch sealed the crack. It enshrined a truth so often obscured by the pressure of ceaseless activity that it needs daily rediscovery: To know God, it is necessary to spend consistent time with Him.

The idea caught fire. "A remarkable period of religious blessing" followed, and culminated in the departure of the Cambridge Seven, a band of prominent athletes and men of wealth and education, for missionary service. They gave up everything to go out to China for Christ.

But these men found that getting out of bed in time for the morning watch was as difficult as it was vital. Thornton was determined to turn indolence into discipline. He invented an automatic, foolproof cure for laziness. It was a contraption set up by his bed: "The vibration of an alarm clock set fishing tackle in motion, and the sheets, clipped to the line, moved swiftly into the air off the sleeper's body."

Thornton wanted to get up to meet his God!

The intimacy of communion with Christ must be recaptured in the morning quiet time. Call it what you want—the quiet time, personal devotions, the morning watch, or individual worship—these holy minutes at the start of each day explain the inner secret of Christianity. It's the golden thread that ties every great man of God together—from Moses to David Livingstone, the prophet Amos to Billy Graham—rich and poor, businessmen and military personnel. Every man who ever became somebody for God has this at the core of his priorities: time alone with God!

David says in Psalm 57:7, "My heart is fixed, O God, my heart is fixed." A fixed and established heart produces stability in life. Few men in the Christian community have this heart and life. One of the missing links has been a workable plan on how to begin and maintain a morning watch.

I want to suggest that in order to get under way, you start with seven minutes. Perhaps you could call it a daily "Seven-Up." Five minutes may be too short, and ten minutes for some is a little too long at first.

Are you willing to take seven minutes every morning? Not five mornings out of seven, not six days out of seven—but seven days out of seven! Ask God to help you: "Lord, I want to meet You the first thing in the morning for at least seven minutes. Tomorrow when the alarm clock goes off at 6:15 a.m., I have an appointment with You."

Your prayer might be, "Morning by morning, O Lord, You hear my voice; morning by morning I lay my requests before You and wait in expectation" (Psalm 5:3).

How do you spend these seven minutes? After getting out of bed and taking care of your personal needs, you will want to find a quiet place and there with your Bible enjoy the solitude of seven minutes with God.

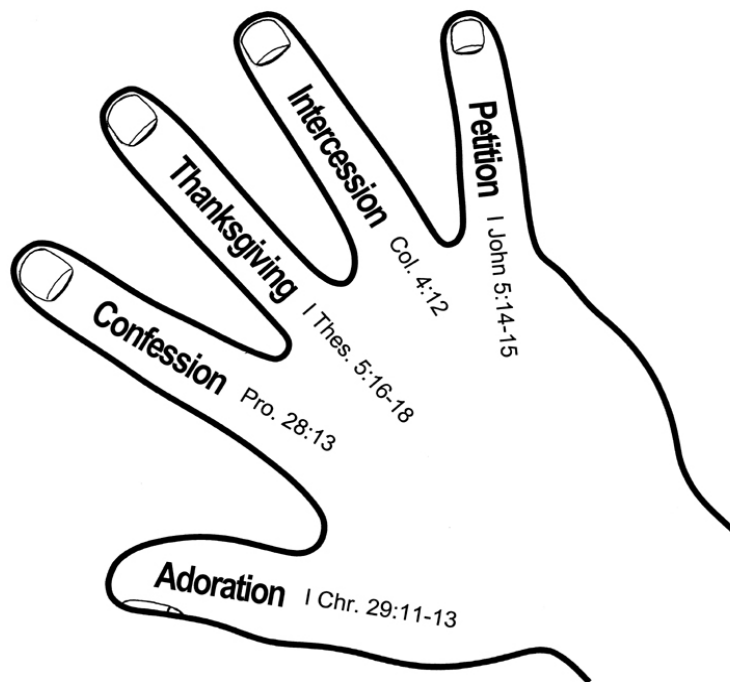
Invest the first 30 seconds preparing your heart. Thank Him for the good night of sleep and the opportunities of this new day. "Lord, cleanse my heart so You can speak to me through the Scriptures. Open my heart. Fill my heart. Make my mind alert, my soul active, and my heart responsive. Lord, surround me with Your presence during this time. Amen."

Now take four minutes to read the Bible. Your greatest need is to hear some word from God. Allow the Word to strike fire in your heart. Meet the Author!

One of the Gospels is a good place to begin reading. Start with the Book of Mark. Read consecutively-verse after verse, chapter after chapter. Don't race, but avoid stopping to do a Bible study on some word, thought, or theological problem which presents itself. Read for the pure joy of reading and allowing God to speak-perhaps just 20 verses, or maybe a complete chapter. When you have finished Mark, start the Gospel of John. Soon you'll want to go ahead and read the entire New Testament.

After God has spoken through His Book, then speak to Him-in prayer. You now have two and a half minutes left for fellowship with Him in four areas of prayer that you can remember by the word **ACTS**.

The Prayer Hand
Maintaining a Balanced Prayer Life



A - Adoration. This is the purest kind of prayer because it's all for God-there's nothing in it for you. You don't barge into the presence of royalty. You begin with the proper salutation. So worship Him. Tell the Lord that you love Him. Reflect on His greatness, His power, His majesty, and sovereignty!

C - Confession follows. Having seen Him you now want to be sure every sin is cleansed and forsaken. Confession comes from a root word meaning "to agree together with." Apply this to prayer. It means to agree with God. Something happened yesterday you called a slight exaggeration-God calls it a lie! You call it strong language-God calls it swearing. You call it telling the truth about somebody in the church-God calls it gossip. "If I regard iniquity in my heart, the Lord will not hear me" (Psalm 66:18).

T - Thanksgiving. Express your gratitude to God. Think of several specific things to thank Him for: your family, your business, your church and ministry responsibilities-even thank Him for hardships. "In everything give thanks: for this is the will of God in Christ Jesus concerning you" (I Thessalonians 5:18).

S - Supplication. This means to "ask for, earnestly and humbly." This is the part of your prayer life where you make your petitions known to Him. Ask for others (*intercession*), then for yourself (*petition*). Why not include other people around the world, such as missionaries, students studying abroad, friends in distant places, and above all the people of many lands who have yet to hear about Jesus Christ.

Let's put these seven minutes together:

- ½ **Prayer for guidance** (Psalm 143:8)
- 4 **Reading the Bible** (Psalm 119:18)
- 2 ½ **Prayer**
 - *Adoration* (1 Chronicles 29:11-13)
 - *Confession* (Proverbs 28:13; 1 John 1:9)
 - *Thanksgiving* (1 Thessalonians 5:16-18; Ephesians 5:20)
 - *Supplication* (Matthew 7:7)
 - *Intercession* (Colossians 4:12)
 - *Petition* (1 John 5:14-15)

This is simply a guide. Very soon you will discover that it is impossible to spend only seven minutes with the Lord. An amazing thing happens-seven minutes become 20, and it's not long before you're spending 30 precious minutes with Him. Do not become devoted to the habit, but to the Savior.

Do it not because other men are doing it-not as a spiritless duty every morning, nor merely as an end in itself, but because God has granted the priceless privilege of fellowship with Himself. Covenant with Him now to guard, nourish, and maintain your morning watch of seven minutes.