

I. THE QUIET TIME BEGINS WITH DEVOTION TO THE LORD

A. ENGLISH DEFINITION: A "Devotional" is a short worship service"

1. Religious Fervor
2. An Act Of Prayer And Supplication
3. A Religious Exercise Or Practice Other Than The Regular Corporate Worship
4. The Act Of Devoting Or Quality Of Being Devoted
5. Ardent Love Or Affection

B. BIBLE DEFINITION

1. In The Old Testament There Were Devoted Things.
 - a. Sacrifices To God That Were Put To Death Lev. 27:28
 - b. Given To God But Kept Alive Numbers 18:14,15 So then...

A devoted life then includes devoted time, since time is life. It is that which is sacrificed to the Lord and put into His service.

2. N.,T.Devotion Means "worship or that for which awe is felt".

Our devotional lives should also be times spent in awe of God and worshipping Him for Who He is!

C. THE DEVOTIONAL LIFE IN ACTION

1. Time Alone with God Time spent with the Lord, just you and Him alone
2. Quiet Hour - because it is a time of quietly listening to His voice.
3. Morning Watch - because those who participate in it watch early and expectantly for the presence of their God and King.
5. Practicing His Presence – Because it begins in the morning and continues all through the day.
6. Fellowship With God – Fellowship is two persons on the same ship rowing the same direction)
"The Quiet time is a time set aside to meet with God each day in a special place at a special time to listen to Him speak from His Word and to speak to Him in prayer and cast all your attention upon the Lord."

II. CONVICTION AND PERSPECTIVE

A. CONVICTION ABOUT THE QUIET TIME.

1. Seeking God's Face Ps.27:8
2. The Path Of Life And Fullness of Joy Ps.16:11
3. David's Example 3 Times A Day Ps.55:17
 - 1) He began in the morning. Ps.5:3
 - 2) He desired God's presence. Ps.27:4, Ps.84:2 Ps.42:1
 - 3) He was satisfied by God's Presence. Ps.107:9
 - 4) Spending the day with God was 1000 times better Ps.84:10
- 4) Jesus Example - the Holy Son of God Mk.1:35

B. PERSPECTIVE

1. God Called Us To His Fellowship 1 Cor. 1:9 (KJV) God is faithful, by whom ye were called unto the fellowship of his Son Jesus Christ our Lord.
2. Our Fellowship Cost Him The Life Of His Son. Rom.5:8 Gal.4:6,7 Rom.8:15, 1 John 1:3
3. Fellowship With God Means Continued Cleansing From Sin 1 John 1:6,9
4. Fellowship with God Means Worshipping God John 4:23,24
5. Daily Fellowship with God Is A Means Of Accomplishing His Purpose For Us.
Romans 8:29 2 Cor.3:18 Phil. 3:10,11 Phil. 3:8

III. PRACTICAL STEPS TO AN EFFECTIVE DEVOTIONAL LIFE.

A. BASIC ACTIVITIES OF THE DEVOTIONAL LIFE

1. Listening to God From His Word Eph. 6:17

a. Reading the Word

- 1) It reveals sin in our lives. Heb.4:12
- 2) It keeps us from sin Ps.119:9
- 3) It provides food for our souls 1 Pet.2:2
- 4) It will teach, reprove, correct, and train us in righteousness. 2 Tim 3:16
- 5) It will complete us and equip us for every good work. 2 Tim 3:17 2 Cor. 10:4,5(L)
- 6) God's Word will give us guidance. Ps.119:105
- 7) God's Word will give us peace and joy Ps. 119:165, Ps. 119:162

2. Speaking To God In Prayer Luke 18:1 Luke 5:16

ACTS – ADORATION, CONFESSION, THANKSGIVING, SUPPLICATION

a. Adoration Psalm 100:4. 2959 Prayer Notebook – Peter Lord, 31 Days Of Praise - Myers

b. Confession

c. Thanksgiving - A Thank-list To The Lord

d. Supplication

1) Petition – prayer for yourself

Pray back to the Lord what He said to you from the Word
write down one thing you want to pray for yourself- there are 7 lines

2) Intercession - prayer for others

Family Members.

Friends

B. NECESSITIES FOR AN EFFECTIVE QUIET TIME.

- 1) A Place to have it. – Preferably a Quiet Place
- 2) A time - For most busy men the morning the best time to meet the Lord
- 3) A Bible
- 4) A Plan - Two Walks BRC
- 5) A Pen To Mark Your Bible
- 6) A Journal – keep a record of what God says to you from His Word
- 7) A Prayer List and Discipline To Pray

Have a 3 to 5 minute quiet time now.

Pray: Psalm 25:4-5 (ESV) Make me to know your ways, O Lord; teach me your paths. Lead me in your truth and teach me, for you are the God of my salvation; for you I wait all the day long.

Proverbs 23:15-16 (ESV) My son, if your heart is wise, my heart too will be glad. My inmost being will exult when your lips speak what is right.

Write Down: What God says to you or recopy the verse as you meditate on it.

Pray: Use the prayer list to 1. Pray one of the days of praise 2. Pray through the confession page. 3. Pray back to God what He said to you from the verse. 4. Pray for the request you wrote down for yourself. 5. Pray for the request for your family member. 6. Pray for your friend.

APPLICATION: My best place is _____ My best time is _____ Spend _____ minutes

Bible Translation _____ Plan _____ Marking pen _____ Journal _____ Prayer list _____

HAVING A SEVEN MINUTE QUIET TIME

1. PRAY TO THE LORD THESE VERSES

Psalm 143:8 (ESV) Let me hear in the morning of your steadfast love, for in you I trust. Make me know the way I should go, for to you I lift up my soul.

Psalm 119:18 (ESV) Open my eyes, that I may behold wondrous things out of your law.

Pray: "Lord, speak to me from your Word."

2. READ Mark 1:1-20 (ESV)

The beginning of the gospel of Jesus Christ, the Son of God. [2] As it is written in Isaiah the prophet,

"Behold, I send my messenger before your face, who will prepare your way, [3] the voice of one crying in the wilderness: Prepare the way of the Lord, make his paths straight."

[4] John appeared, baptizing in the wilderness and proclaiming a baptism of repentance for the forgiveness of sins. [5] And all the country of Judea and all Jerusalem were going out to him and were being baptized by him in the river Jordan, confessing their sins. [6] Now John was clothed with camel's hair and wore a leather belt around his waist and ate locusts and wild honey. [7] And he preached, saying, "After me comes he who is mightier than I, the strap of whose sandals I am not worthy to stoop down and untie. [8] I have baptized you with water, but he will baptize you with the Holy Spirit."

[9] In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. [10] And when he came up out of the water, immediately he saw the heavens opening and the Spirit descending on him like a dove. [11] And a voice came from heaven, "You are my beloved Son; with you I am well pleased."

[12] The Spirit immediately drove him out into the wilderness. [13] And he was in the wilderness forty days, being tempted by Satan. And he was with the wild animals, and the angels were ministering to him.

[14] Now after John was arrested, Jesus came into Galilee, proclaiming the gospel of God, [15] and saying, "The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel."

TURN OVER TO BACK PAGE

[16] Passing alongside the Sea of Galilee, he saw Simon and Andrew the brother of Simon casting a net into the sea, for they were fishermen. [17] And Jesus said to them, "Follow me, and I will make you become fishers of men." [18] And immediately they left their nets and followed him. [19] And going on a little farther, he saw James the son of Zebedee and John his brother, who were in their boat mending the nets. [20] And immediately he called them, and they left their father Zebedee in the boat with the hired servants and followed him.

3. WRITE DOWN WHAT IMPRESSES YOU MOST IN THIS PASSAGE

4. PRAY USING ACTS AS A GUIDELINE

ADORATION – PRAISE GOD FOR WHO HE IS

1 Chron. 29:11 (ESV) Yours, O Lord, is the greatness and the power and the glory and the victory and the majesty, for all that is in the heavens and in the earth is yours. Yours is the kingdom, O Lord, and you are exalted as head above all.

CONFESSION – ASK THE LORD TO BRING TO MIND ANYTHING THAT SEPARATES YOU FROM HAVING FELLOWSHIP WITH HIM. TURN AWAY FROM IT, AGREE WITH GOD THAT IT WAS SIN, THAT YOU WERE WRONG AND ASK HIS FORGIVENESS.

1 John 1:9 (ESV) If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

THANKSGIVING – THANK GOD FOR WHAT HE HAS DONE FOR YOU

SUPPLICATION

PETITION – PRAY ONE THING FOR YOURSELF

INTERCESSION – PRAY FOR ANOTHER PERSON OR PERSONS

SUPPLICATION IS PETITION & INTERCESSION

DAILY PERSONAL PRAYER - PETITION

A. PRAY BACK TO THE LORD WHAT HE SAID TO ME FROM HIS WORD.

B. PRAY MY PERSONAL REQUESTS.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

INTERCESSION –PRAYER FOR OTHERS

DAILY FAMILY PRAYER LIST

**SPOUSE:
CHILDREN:
FATHER:
MOTHER:
SISTERS:
BROTHERS:**

FRIENDS WEEKLY PRAYER LIST

SUNDAY:

MONDAY:

TUESDAY:

WEDNESDAY:

THURSDAY:

FRIDAY:

SATURDAY:

ADORATION IS PRAISE FOR THE LORD

S. You are the Good Shepherd.

Lord Jesus, You are the Good Shepherd. You know Your own, and Your own know You. You came that I might have life and have it more abundantly. You have laid down Your life for me. You are the door of the sheep. Through You I enter and am safe, and go in and out and find pasture. JOHN 10:14,10,11,7,9

M. You are The Way And The Truth.

Lord Jesus, You are the Way and the Truth and the life. No one can come to the Father but by You. You are the new and living way which You inaugurated for me through the veil, that is Your flesh. Through You I have access in one Spirit to the Father. You are the truth, and if You make me free, I shall be free indeed. See JOHN 8:32,36;14:6; HEBREWS 10:20; EPHESIANS 2:18;

T. You are the Bread Of Life.

Lord Jesus, You are the bread of life. You are the bread of God which comes down out of heaven, and gives life to the world. He who comes to You shall never hunger and he who believes in You shall never thirst. You are the One that I may eat of and not die. See JOHN 6:48,33,35,50

W. You are the Light of The World.

Lord Jesus, You are the True Light which enlightens every man coming into the world. He who follows You shall not walk in darkness, but shall have the light of life. In heaven there will be no need of the sun or the moon, for the glory of God illumines it, and You are its lamp. See JOHN 1:9; 8:12; REV. 21:23

Th. You are the Only Mediator.

Lord Jesus, You are the only Mediator between God and man. After You made purification for my sins, You sat down at the right hand of the Majesty on high. You are able to save forever those who draw near to God through You, since You live to make intercession for me. See I TIM. 2:5; HEB. 1:3; 7:25

F. King of Kings.

Lord Jesus, You have been exalted by God and given a Name which is above every name; that at Your name every knee should bow and every tongue confess that You are Lord, to the glory of God the Father. You are the King of kings, and the Lord of lords. The kingdoms of this world will become Your throne, and You shall reign forever and ever. See PHILIPPIANS 2:9-11; I TIMOTHY 6:15; REVELATION 11:

St. The Lord Our Peace

Lord, Your Name is Wonderful Counselor, the Mighty God, the Ever-lasting Father, the Prince of Peace. If You are for me, who can be against me? You Who spared not Your own Son, but delivered Him up for us all, how shall You not with Him freely give me all things? Lord, You have given strength to Your people; Lord, You have blessed Your people with peace. ROMANS 8:31-35; ISAIAH 9:6; PSALM 29:11

CONFESSION: AM I READY TO PRAY?

Are All Known Sins Confessed?

1. Lord, please bring to mind anything right now that separates me from your fellowship.

2. Pray Psalm 139:23-24

“Search me, O God, and know my heart: try me, and know my thoughts: [24] And see if there be any wicked way in me, and lead me in the way everlasting.”

3. Pray 1 John 1:9

Lord, You said “If I confess my sins, You are faithful and just to forgive me of my sins, and to cleanse me from all unrighteousness.”

4. Lord I confess and turn away from what you brought to mind. I don't want to do that again.

5. I am willing to take any right action that You want me to take.

6. Thank You for Your forgiveness through Jesus Who died on the cross for my sins.

THANKSGIVING – A THANK-LIST TO THE LORD
SUNDAY -- Spiritual Blessings

Thank You Father, for Your Glorious Grace.

- a. of Salvation
- b. Holy Spirit
- c. The Bible- being able to read
- d. for Your Church

MONDAY-- Spiritual Blessings

Thank You Father, for Your Glorious Grace.

- a. These who have helped me know you, Lord;
- b.
- c.

TUESDAY --Spiritual Blessings

Thank You Father, for Your Glorious Grace.

- a. These who have helped me grow in you Lord;
- b.
- c.

WEDNESDAY--Material Blessings

Thank You Father, for Your Glorious Grace.

- a.
- b.
- c.

THURSDAY--Material Blessings

Thank You Father, for Your Glorious Grace.

- a.
- b.
- c.

FRIDAY -- FAMILY BLESSINGS

Thank You Father, for Your Glorious Grace.

- a.
- b.
- c.

SATURDAY – FAMILY BLESSINGS

Thank You Father, for Your Glorious Grace.

- a.
- b.
- c.