

Trauma and Peace

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I. Introduction.

- A. God is prepared to give us peace.
- B. Jesus said we will have trouble and peace.
- C. Peace is the tranquility of order not necessarily the absence of trouble.
- D. There is peace with God, the peace of God and the peace of the world.

II. Getting on track with God allows a person to experience peace.

III. We deny death and illness, but life is full of both. We need to confront the harsh realities of life.

IV. We can confront the harsh realities of life and know peace because there God is at work in all things.

- A. God brings spiritual order.
- B. God brings psychological order.
- C. God brings relational order.
 - 1. Relational peace is found at the cross.
 - 2. We find at the cross that we are both sinners saved by grace.

Application questions:

1. How can we have peace and trouble simultaneously?

2. When have you been able to experience peace in the midst of trouble?

3. Why is the cross at the center of relational peace? Explain.
