

# Waves and Leaks in Your Heart

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## I. Introduction.

- A. We often find ourselves asking if God cares. (Mark 4)
- B. Jesus tells us that we are just as safe when the boat is rocking as we are after Jesus has calmed the storms.
- C. Jesus brings us to the place where we can trust him in the constant pressures of life.
- D. If we have an attitude of worry or thanklessness, we start to develop an emotional leak and water gets in our “boats.”

## II. How we react to situations can cause us to develop a leak.

## III. How to deal with leaks.

- A. Leaks require waiting on the Lord for a healing touch. We cannot stop the waves of life, but we can plug the leaks. (Isaiah 41)
- B. We must develop trust.
  - 1. Pray to daily delight in God’s Word.
  - 2. This takes commitment.
  - 3. We choose to be in the circle of intimacy of God that we desire.
  - 4. This requires obedience.
  - 5. God gives us resources through the Holy Spirit. (Ephesians 3)

### **Application questions:**

1. How does the analogy of leaks in a boat help us to understand how we need to deal with life?

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2. What are some of the waves of life that impact you the most?

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3. How has God grown your trust in the past? How can you grow it more now? Explain.

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