

# **Communications Between Husband and Wife**

## ***Jack Mayhall***

### **I. Introduction.**

A. God delights in that we know him. (Isaiah 66, Jeremiah 9:23-24)

B. When God speaks we need to take him seriously.

### **II. We need fellowship with God daily. (Psalm 119:18)**

A. Start with a simple book like Philippians.

B. Be quiet and spend a few minutes alone with the Lord.

C. God will bless a person in all their relationships through the Scriptures because it is beneficial in all areas of life: reproof, correction, instruction in righteousness and equipment for good works. (2 Timothy 3:16)

### **III. Things husbands and wives should never do with one another.**

A. Never use sarcasm in communication with one another.

B. Never criticize or correct in public.

C. Never drop the lie bomb.

### **IV. Communication tips.**

A. Continue to date.

B. Set aside a few minutes of each day to talk with one another.

C. Learn to give and forgive. Be open and vulnerable in order to change.

### **Application questions:**

1. Why is time with the Lord foundational for your relationship with your spouse?

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2. What are some ways that you have hurt your spouse and your spouse has hurt you? How can communication heal?

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3. What can you do to improve communication in your relationship with your spouse? Explain.

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