

# How to Save Your Marriage

*James Dobson*

I. Introduction.

A. Married couples all experience marital problems.

II. There are several lessons to learn from marital problems.

A. All miscommunication result from differing assumptions.

B. Bitterness grows out of self-pity.

C. Over-commitment is a marriage killer.

III. Husbands and wives have a different set of emotional needs that have been denied by the women's liberation movement.

IV. Resources need to be reserved for spouses in marriage.

V. Romantic activities need to continue into marriage.

VI. We all struggle with this issue in marriage.

VII. Change only occurs through confrontation.

## **Applications questions:**

1. How can a person intentionally avoid some miscommunication in his or her marriage?

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2. In what ways might you be over-committed in the wrong areas?

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3. How can you commit more resources to your spouse? Explain.

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