Barrier of Silence: Psalm 32  

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I. Introduction.
   A. God wants to bless us, but there are many barriers that get in the way.
   B. We are often our own barrier.
   C. One of the challenges is breaking the sound barrier. Silence can be a weapon.
   D. Text: Psalm 32.

II. The *selah* of conviction.
   A. Transgression, sin and iniquity are the trinity of sin. The person is blessed whom God has forgiven.
   B. Sin is what you have not done.
      1. All have sinned and come short of the glory of God.
      2. This does not mean that everyone is a nasty person.
   C. Transgression is what one has done.
   D. Iniquity is the fallen nature.
   E. God offers forgiveness if we acknowledge, repent and turn from our sin—we must acknowledge God. His convicting hand presses on us to realize our need.
   F. If we let Jesus knock too long without coming in, he may simply go away.

III. The *selah* of confession.
   A. When the silence barrier is broken, we confess our sin.
   B. All believers have done this in some way already.
   C. There are Christians who have no peace and rest because they are chained by their own guilt and shame. Confession restores them. (1 John 1:9)
   D. Confession should be horizontal for those we have offended and vertical for our relationship with God.

IV. The *selah* of consecration.
Application questions:

1. How is silence a barrier to blessing?

2. What is conviction and why is it necessary to break the sound “barrier?”

3. Make a list of relationships you need to make right by confession. How can you go about restoring those relationships in a wise way?