

Barrier of Silence: Psalm 32

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I. Introduction.

- A. God wants to bless us, but there are many barriers that get in the way.
- B. We are often our own barrier.
- C. One of the challenges is breaking the sound barrier. Silence can be a weapon.
- D. Text: Psalm 32.

II. The *selah* of conviction.

- A. Transgression, sin and iniquity are the trinity of sin. The person is blessed whom God has forgiven.
- B. Sin is what you have not done.
 - 1. All have sinned and come short of the glory of God.
 - 2. This does not mean that everyone is a nasty person.
- C. Transgression is what one has done.
- D. Iniquity is the fallen nature.
- E. God offers forgiveness if we acknowledge, repent and turn from our sin—we must acknowledge God. His convicting hand presses on us to realize our need.
- F. If we let Jesus knock too long without coming in, he may simply go away.

III. The *selah* of confession.

- A. When the silence barrier is broken, we confess our sin.
- B. All believers have done this in some way already.
- C. There are Christians who have no peace and rest because they are chained by their own guilt and shame. Confession restores them. (1 John 1:9)
- D. Confession should be horizontal for those we have offended and vertical for our relationship with God.

IV. The *selah* of consecration.

Application questions:

1. How is silence a barrier to blessing?

2. What is conviction and why is it necessary to break the sound “barrier?”

3. Make a list of relationships you need to make right by confession. How can you go about restoring those relationships in a wise way?
