

What Else Should I Know

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I. Introduction.

A. There are important topics to be familiar with before a child enters adolescence.

II. Feelings during teen years.

A. Teens can expect to feel emotions in a big way during those years.

B. Everything is experienced in bigger ways during this period.

C. There are highs and lows. One should not be too discouraged when one is down because the feeling will not last forever.

D. Impressions are dangerous because they change all the time.

E. Do not make decisions in a state of confusion.

F. Pray for God's guidance.

III. Conflict between generations.

A. This is very likely to occur during teenage years.

B. There is a gradual process to gaining dependence.

C. If a teenager feels like he should have freedom, he should talk to the parent but always yield.

D. Strong feelings of dependence is natural, but that does not mean love is not there.

IV. There is confusion about what a person believes and thinks.

A. Kids start out believing what their parents believe by default.

B. It is good to take hold of one's beliefs as one's own.

V. The search for identity.

A. Look for your strengths.

B. When feelings of inferiority come, a better grasp of oneself will bring stability.

C. Watch an adult of the same sex that you respect and be like that person.

VI. Inferiority. Do not let this noose be wrapped around your neck.

VII. Remember that normality will return after adolescence.

VIII. Remain friends with Jesus Christ.

Applications questions:

1. How can you encourage a teen going through an emotional extreme?

2. What steps can a teen take to finding his or her identity?

3. How is it helpful to expect conflict between parents and children during teenage years?
