Husband and Wife Relationship, Part 2

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- I. Introduction.
 - A. A husband should tell his wife he loves her often to affirm both the emotional love and the deep seated abiding love that grows.
- II. There are certain things a husband should avoid.
 - A. Avoid using sarcasm.
 - B. Avoid public correction.
 - C. Avoid letting the little things build up.
- III. Communication depends on speaking the truth in love. (Ephesians 4:15)
 - A. Withdrawal is a roadblock to communication that should never happen.
 - B. Women need to work at being clear and men need to work at deciphering what women are really saying.
 - C. Wives need to work at being submissive, which can be expressed in several ways through communication.
 - D. Spouses should develop a plan for communication.
- IV. Goals in communication.
 - A. Aim to be best friends.
 - B. At least once a week spend time alone together on a date.
- V. Differences between men and women when it comes to sex.
 - A. Sex is more of a single act for a man and a part of the drama of life for a women.
 - B. Sex is a strong physical drive accompanied with emotional needs. For a woman it is more of a strong emotional drive accompanied by physical needs.
 - C. For a man it is more important how often. For a woman it is more important how.
 - D. A man is more quick to respond to stimulation. A woman responds more slowly.
 - E. A man it more stimulated by seeing. A woman is more stimulated by touch.
 - F. A man is more sexual than maternal. A woman is more maternal than sexual.
- VI. Men to learn to be lovers.
- VII. Misconceptions.

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- B. The sex act does not always have to be ecstatic.
- C. Talking about the physical aspect of intimacy is most important.

VIII. Sex should be total communication between body, soul and spirit.

- IX. Spouses have sexual responsibilities toward each other. (1 Corinthians 7)
- X. God is ultimately the only one who will fulfill our needs.

Application questions:

1. What are some road-blocks to communication?								
2. How can communication improve a couple's sex life?								
3. What does healthy communication look like? Explain.								