

Devotional Life

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I. Introduction.

II. Reasons for the devotional life.

A. We need the quiet time because it keeps us on the track. We are compared to sheep that too easily get lost.

B. We need the quiet time for the general wear and tear of life. Only when you are in touch with God can difficulties be seen in the right perspective. (Romans 8:28)

C. We need the quiet time for the daily battles and besetting sins incited by the devil. The best defense is a good offense.

III. Jesus Christ knew the value of the quiet time with God. (Mark 1:35)

A. We need to tighten our connections with God in the morning.

B. One of the greatest ways to acknowledge dependence upon God is going to Him everyday—it is not just legalism.

C. God gave us a manual for life.

D. Form the practice where you can go to a place, be alone and have earnest sincere fellowship with God. (Luke 22:39)

IV. Approaching the quiet time.

A. We need a heart of devotion in the quiet time.

B. It seems to help to read aloud.

C. Open the Bible, read a verse, pray, and then repeat the last two steps.

D. Using the Psalms is a good place to start.

E. Pray over a map.

F. Use a prayer list, so long as you know that a prayer list is not your prayer life.

G. Jesus Christ had a busy schedule, but He maintained a regular quiet time.

H. God is available at any time.

I. Get to bed, and wake up early.

V. We approach the quiet time so that we will be more like Christ. (II Corinthians 3:18, Romans 8:29)

A. When we spend time with Christ, we take on His likeness.

B. Our lives are changed through fellowship with Him.

Application questions:

1. Why develop a quiet time?

2. What principle of the quiet time stands out to you? Explain.

3. How would you explain the purpose of the quiet time to a new believer?
