

Delighting in God

Bob Anderson

I. Introduction.

A. God delights in us. Some have trouble with this because of their view of their earthly fathers, but it is true. (Zephaniah 3:17)

B. Delighting ourselves in God results in God giving us the desires of our hearts. (Psalms 37:4)

II. Reasons we struggle with delighting ourselves in God.

A. Sin. (Psalm 66:18, 32:5)

B. Fear of surrendering one's life.

C. Good things that get in the way of the best. The quality of one's day always begins the night before.

D. Unfamiliarity with God. (Psalm 87:7)

III. If we are going to delight in God...

A. We must trust Him. (Psalm 37:3)

B. We must commit our way to Him. (Psalm 37:5)

C. We must be still before God. (Psalm 37:7, Luke 10)

Application questions:

1. Which reason for struggling with delighting in God did you find to be most applicable to your own experience? Explain.

2. What areas of your life do you need to commit to God? Spend some time trusting, committing, and being still before God and record your thoughts below.

3. Memorize Psalm 37:4 and write it below. How will this verse help you to delight in God daily?
