

# Spiritual Vitamin “M”

*John Hunter*

I. Introduction.

- A. There are spiritual “vitamins” of truth that we need for spiritual nourishment.
- B. Mercy is a spiritual vitamin.

II. The reality of mercy. (2 Corinthians 1:3)

- A. Mercy is love in action. (Ephesians 2:4, Titus 3:3, 1 Peter 1, 2 Samuel 9)
- B. We become part of God’s family as a result of his mercy.

III. The result of mercy. (Romans 15:9)

- A. We should all glorify God because of his mercy towards us.
- B. God wants us to be a channel of mercy. (Romans 12:1)
- C. We must present ourselves to be used by God.

**Application questions:**

1. What is mercy?

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2. When have you experienced God’s mercy?

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3. Do you live a life that responds rightly to mercy? What can you do to become more merciful?

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