

Emotional Resources

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I. Introduction.

- A. God intended that the life would be an integrated whole—spirit, soul and body. (I Thessalonians 5:23, III John 2)
- B. There is an emotional aspect to the Christian life.
- C. Proper love of oneself for instance is essential for loving one's neighbor. Jesus received us unconditionally. (Matthew 22:39; Jeremiah 31:3; Romans 15:7; 12:3)
- D. There are a couple of thoughts regarding self-evaluation: humility and perspective.

II. Humility.

A. Important questions:

- 1. What are your greatest gifts?
- 2. Team questions. (Ephesians 4:13)
 - a. What does God want me to learn from this person?
 - b. What does God want me to contribute to this person?
 - c. How does God want me to contribute?
 - d. When does God want me to make that contribution? (Exodus 2:14)

III. Perspective.

- A. Two aspects: hindsight and foresight.
- B. Vision: believing God. (Philippians 1:6)

- 1. God plans to finish what He started in your life.
- 2. Evidence of faith is cheer.

IV. Application.

- A. God has given us richly all things to enjoy. (I Timothy 6:17)

B. We are to enjoy all our relationships, activities and possessions.

C. God will tell us to break those off that are not good for us. (II Chronicles 26:10)

Application questions:

1. Which ministry question do you find most helpful?

2. Why is it important to have vision in ministry?

3. How can you maximize your personal enjoyment in all that you have? Explain.
