

Love Him (Quiet Time)

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I. Introduction.

II. A quiet time is a time of intimate fellowship between God and man as friends. (Exodus 33:7ff; John 15:15)

A. An essential element of a quiet time is enjoying God's presence and God enjoying yours.

B. An essential element of a quiet time is reading the Bible in a meaningful way. (Psalm 19:10; Psalm 119:14)

C. An essential element of a quiet time is reacting to the Bible in prayer as you read it, as well as conversing with God about any specific concerns. (Exodus 33:12ff)

III. The purpose of a quiet time is to know God intimately and to have His authority over us in His business. (Exodus 33:13ff)

A. Part of the purpose of a quiet time is to know God and love him more.

1. Fellowship is personal, intimate conversation according to Webster's Dictionary.

2. Knowing God will influence our perspective and our values to be more like His.

B. Part of the purpose of a quiet time is to have His authority over us in His business. (Exodus 32:11ff)

IV. Here are some suggestions for how to have a quiet time.

A. Have a regularly scheduled time that you have a quiet time.

B. Have your quiet time at the beginning of the morning if possible. (Psalm 5:3; Mark 1:35)

C. Find a place that is free from distraction for your quiet time. (Mark 1:35)

D. Have a flexible plan for Bible reading that has a structure, but is open to God's direction for that particular day.

E. Have a clean heart before God- ask for forgiveness right away if needed. (Isaiah 59:1-2)

Application questions:

1. Why is it important to have a clean heart before fellowshiping with God?

2. Take a few moments to write down a couple of things that you enjoy about God when you spend time with Him.

3. Jerry states that it's important that your quiet time place be free from distraction. What distracts you? How can you creatively avoid those things during your quiet time?
