

# **Abiding in Christ**

## *Skip Gray*

### I. Introduction.

A. Jesus Christ said that he was the true vine of reality. (John 15)

B. Jesus is the source of life and peace. We plug into that source.

### II. Hindrances to living in communion.

A. Unconfessed sin. (Psalm 66:18)

1. 1 John 1:9 restores us.

2. We cannot have fellowship with Christ and live in unconfessed sin.

B. Self.

1. One must deny his self to follow Christ. (Luke 9:23)

2. The Israelites quickly forgot God's graciousness. (Psalm 106:13-14)

3. Sometimes God gives us our way and something we did not anticipate with it. (1 Samuel 13:13)

C. Spiritual adultery.

1. Commitment to the world system is spiritual adultery. (James 3:1-4)

2. One can commit adultery in the heart. (Matthew 5:28)

3. The steps of sins: the eye, the desire, the act, the hiding. (Joshua 7:20-21)

### III. Helps to preserve and nurture our union with Christ.

A. Consume the Word of God. (John 6:63)

B. Be anxious for nothing. (Philippians 2)

C. Encourage one another. (Malachi 3:16)

D. Witness. (1 Peter 3:15)

E. Set your affection on things that are above through Scripture memory and quiet time. (Colossians 3:1-4; Psalm 34:4; 32:8)

**Application questions:**

1. Which hindrance to union with Christ do you struggle with the most?

---

---

2. How have you seen the “helps” work themselves out in your spiritual journey?

---

---

3. What is your program for hiding the Word of God in your heart and meeting with God daily? How can you maximize this time? Explain.

---

---