

Walking in Joy and Prayer

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I. Introduction.

- A. Most of us do not understand what real prayer is about.
- B. Prayer is an adventure of knowing God.
- C. Joy comes through knowing God and experiencing him in answered prayer. (John 16:24)

II. In prayer we are talking to a God who loves us and cares for us.

III. We should ask God to stretch us in the area of prayer.

IV. We should expand what we pray for.

- A. Wisdom and understanding.
- B. Creativity.
- C. New goals.
- D. Our children.
- E. The ability to turn things over to God.
- F. A thankful heart. (Psalm 139, Philippians 4)
- G. Bonus prayers (those things we do not really need). (Philippians 4)

V. God wants to be known intimately.

VI. God can speak to your hearts in the midst of trouble. We should freely express our concerns to him.

VII. As God teaches us to pray we can learn to walk with him in joy in prayer.

Application questions:

1. What does healthy prayer look like?

2. How would you evaluate your prayer life?

3. What are some things you could start praying for to improve your prayer life? Explain.
