

Walking in Joy

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I. Introduction.

A. What we confess as the source of our happiness reveals what our focus is.

II. In order to really have joy, we must realize that God is the source of joy.

A. Happiness is dependent upon happenings.

B. Joy does not depend on conditions.

C. If joy is missing, there is something wrong with our relationship with God. (Psalm 21:6)

D. We have everything we need in the Lord. (Psalm 23)

III. We need to grow in knowing the source of joy.

A. We know Jesus through the Word. (Psalm 119:18; 2 Corinthians 12:9; Psalm 34:5)

B. Wisdom begins and ends with God. (Psalm 90:12)

C. We do not need to worry about our needs—God will give us rest.

D. This life is just training grounds for eternity.

IV. Let Jesus occupy your heart so that you can walk in joy.

Application questions:

1. What does biblical joy look like?

2. What are hindrances to this kind of joy?

3. How can you enjoy the joy of God every day? Explain.
