

# Confession and Results

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I. Introduction.

II. We should ask God to reveal those things that are hindering our relationship with him. (Psalm 139:23-24)

III. God gives us mercy because he knows what kind of people we are. (Lamentations 3)

IV. Real confession is admitting our sins before God daily and accepting God's renewal. (Psalm 32:3; 1 John 1:9)

V. Results of confession.

A. Joy.

B. A clean heart.

C. A right attitude.

D. Harmony.

E. New freedom and liberty in ministry.

## Application questions:

1. When have you experienced healing from confession?

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2. What does it feel like to carry unconfessed sin?

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3. Should believers confess their sins to other people? Explain.

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