Consistent Victorious Spiritual Life Jim Downing

I. Introduction.

A. The analogy of fixing a washing machine.

B. We are challenged when we try everything - even shaking things up - and the cycle does not continue.

II. The spiritual life involves Christ's life and permitting Him to share our live 24 hours a day. (John 15:5)

A. The tree faced with two types of adversity: drought and heat. (Jeremiah 17)

1. The leaf never withered.

2. The tree never ceased from yielding fruit.

3. The tree's secret was planted by water and it maintained contact with it.

4. In designing the tree as it was supposed to be, God has set up priorities. Provided sufficient nourishment, the overflow turns into fruit.

B. A missionary is one who has learned to sink a well into the divine resources to draw out the nourishment needed regardless of the time, place, or circumstance. (Isaiah 37:31)

C. A fruit-bearing Christian is one who has learned to sink a well into the divine resources to draw out the nourishment needed regardless of the time, place, or circumstance.

D. The taproot of life is the soul (Psalm 62:5; 130:6). We must connect ourselves to God with the mind, will and emotions.

III. We can conclude that the first way to engage the taproot of the soul with Jesus Christ is to exercise the mind in meditation with the Word of God. (Psalm 1:3)

A. We are to meditate upon the Word day and night. (Joshua 1:8)

1. It is clearly a command in Scripture that we meditate in the night and it is the key.

2. At night you hand over your thoughts to the subconscious. Your spiritual data starts 5 minutes before you fall to sleep.

3. The last thing you thought about is what your mind dwells on. (Proverbs 6:22)

B. Three things the Word will do if we sow it: it will keep us, it will speak to us, and it will be with us all day long.

C. We are to be in the Word during the Day. (Psalm 119:64)

1. Any time in the day that we claim, appropriate, or assimilate a truth of God our soul will be nourished.

2. We are to ruminate upon the Word of God throughout the day.

3. We are not substituting fellowship with God for the Word (Psalm 138:2; 40:7). Christ said he comes in the volume of the book, and our mediation of Him will be sweet. (Psalm 104:34)

D. When we share in the Word we share in God's life.

IV. Provision for having the soul nourished is approaching unto God and engaging the affections in communion. (Jeremiah 31:12)

A. Prayer is the occupation of the heart with needs. Praise is the occupation of the heart with lessons. Worship, adoration, communion are the occupation of the heart with God Himself.

B. Fruit is the excess of life, and we need to be tapped into God.

C. We must be prepared for the battle - meditation is not an end in and of itself.

D. We get into the grip of sin and death by the exercise of the will. Mary had chosen the good thing at Jesus' feet. The Christian life is a series of choices.

E. Every time we are confronted with a conflict of choices and we choose Jesus Christ, the soul is watered. (Psalm 37:3)

1. When we satisfy the afflicted soul, the soul is watered. (Isaiah 58:11)

2. We must choose to pour out our souls to those in need as the condition for self-nourishment.

3. This is sharing the life of Christ.

F. A fruitful Christian is one who has learned to sink a well into the divine resources to draw out the nourishment needed regardless of the time, place, or circumstances. God has made provision for this.

V. Conclusion. (Isaiah 27:3)

A. The Lord will water the soul every moment and keep it night and day.

B. God has bound himself to keep your soul nourished.

C. The Scripture teaches of the taproot that this is done in the mind in meditation, the affections in communication, the will in resolution and choosing to obey him in pouring out what he has given to others.

Application questions.

1. What is the taproot of the spiritual life? In what manner does the speaker say this may be applied?

2. Why is it that fruit flows from a bounty of nourishment? How does this apply to the spiritual life? What does this look like?

3. Assess your own spiritual fruit? In what ways are you bearing fruit? In what ways do you hope to bear more fruit? How will you apply the message in order to make this a reality?