

Husband and Wife Relationships, Part 3

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I. Introduction.

II. Communication.

A. Disallowance of feeling is a major communication block.

B. Judgment, hurt or rejection cause communication blocks.

C. Communication has to be made a priority.

D. Silence and withdrawal should not be used as a tool.

E. Communication requires vulnerability.

1. There are different levels of communication.

2. Communication is the meeting of meaning.

3. Love is the opening of oneself in intimate communication.

III. Communication in the relationship should be viewed as preventative maintenance.

IV. Communication tips.

A. Date your spouse.

B. Make sure your spouse is being listened to.

C. Do not use sarcasm.

D. Do not publicly criticize.

V. Communication on spiritual matters should pour out into every area of life.

Application questions:

1. What are some road-blocks to communication?

2. How can you go about improving your communication skills?

3. What does healthy communication look like? Explain.
