Husband and Wife Relationships
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I. Introduction.

    A. Husbands should keep telling their wives they love them even if they don't feel this way emotionally.

II. Communication tips.

    A. Avoid sarcasm.

    B. Avoid public criticism.

III. Communication depends on speaking the truth in love. (Ephesians 4:15)

    A. Women need to work at being clear and men need to work at deciphering what women are really saying.

    B. Wives need to work at being submissive, which can be expressed in several ways through communication.

    C. Spouses should develop a plan for communication.

IV. Goals in communication.

    A. Aim to be best friends.

    B. At least once a week spend time alone together on a date.

V. Differences between men and women when it comes to sex.

    A. Sex is more of a single act for a man and a part of the drama of life for a women.

    B. Sex is a strong physical drive accompanied with emotional needs. For a woman it is more of a strong emotional drive accompanied by physical needs.

    C. For a man it is more important how often. For a woman it is more important how.

    D. A man is more quick to respond to stimulation. A woman responds more slowly.

    E. A man it more stimulated by seeing. A woman is more stimulated by touch.

    F. A man is more sexual than maternal. A woman is more maternal than sexual.

VI. Men to learn to be lovers.

VII. Misconceptions.

    A. A climax is not to be reached always—the important thing is to just enjoy one another.

    B. The sex act does not always have to be ecstatic.

C. Talking about the physical aspect of intimacy is most important.

VIII. Sex should be total communication between body, soul and spirit.

IX. Spouses have sexual responsibilities toward each other. (1 Corinthians 7)

X. God is ultimately the only one who will fulfill our needs.

Application questions:

1. What are some road-blocks to communication?

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2. How can communication improve a couple's sex life?

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3. What does healthy communication look like? Explain.

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