

Husband and Wife Communications

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I. Introduction.

- A. God delights in that we know him. (Isaiah 66, Jeremiah 9:23-24)
- B. When God speaks we need to take him seriously.

II. We need fellowship with God daily. (Psalm 119:18)

- A. Start with a simple book like Philippians.
- B. Be quiet and spend a few minutes alone with the Lord.
- C. God will bless a person in all their relationships through the Scriptures because it is beneficial in all areas of life: reproof, correction, instruction in righteousness and equipment for good works. (2 Timothy 3:16)

III. Things husbands and wives should never do with one another.

- A. Never use sarcasm in communication with one another.
- B. Never criticize or correct in public.
- C. Never drop the lie bomb.

IV. Communication tips.

- A. Continue to date.
- B. Set aside a few minutes of each day to talk with one another.
- C. Learn to give and forgive. Be open and vulnerable in order to change.

Application questions:

1. Why is time with the Lord foundational for your relationship with your spouse?

2. What are some ways that you have hurt your spouse and your spouse has hurt you? How can communication heal?

3. What can you do to improve communication in your relationship with your spouse? Explain.
