

# **Physical Intimacy and Marriage**

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### I. Introduction.

- A. The goal of marriage is integration in all of life—it is the greatest of adventures.
- B. Sex outside of marriage is not good enough because it lacks commitment and permanence.
- C. Marriage is a privilege.
- D. Marriage is something to be fought for.

### II. A woman cannot separate love and sex.

### III. The sex act between a wife and husband is a deep well that springs forth life. (Proverbs 5)

- A. Sex is not shallow.
- B. God wants it to be like a deep well.
- C. No one ever gets tires of a drink of water when thirsty.
- D. Creativity can spice up the sex life.

### IV. The Bible speaks of sex as knowledge—it is an exhilaration of love. (Proverbs 5:18)

### V. Husbands and wives have responsibility toward each other sexually. (1 Corinthians 7)

### VI. Wives can ask God for help to overcome the ugliness of their spouses.

### VII. Wives must forgive and not withhold sex.

- A. God gives us the power to forgive.
- B. Sexual pleasure gives a husband value.

### VIII. Wives can learn to relax and enjoy the process.

### IX. Very few men prefer that women take initiative, but men want to be wanted.

### X. Differences.

- A. Women and men grow interested in sex at different times.
- B. Some women may have to go back to the place of courting outside of marriage because of some horrible childhood event—husbands need to be alert to this.

### XI. Conclusion. (1 Corinthians 13)

**Application questions:**

1. How can a knowledge of the differences practically help us in sex? Explain.

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2. How can a woman overcome apathy towards sex in married life?

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3. What fears do you have about sex? What does God teach about sex that might bring you peace in this area? Explain.

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