

Physical Intimacy and Marriage

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I. Introduction.

II. Sexual intimacy was ordained for the propagation of the human race, an expression between man and wife love and for pleasure. (Genesis 1:27, 2:24, Matthew 19:5, Ephesians 5:31, 1 Corinthians 7)

III. Sex is a God-given drive to keep us going, but hunger is to be handled with moderation.

A. Sex is to be handled within God's design.

B. Sex can only happen within marriage to produce harmony, happiness and freedom from heartache.

IV. Puritanism can have a negative effect by stigmatizing sex it and so can complete freedom. (Genesis 18, Song of Solomon 5)

V. Failing to recognize differences between men and women will hinder a couple's sex life.

A. Sex is more of a single act for a man and a part of the drama of life for a women.

B. Sex is a strong physical drive accompanied with emotional needs. For a woman it is more of a strong emotional drive accompanied by physical needs.

C. For a man it is more important how often. For a woman it is more important how.

D. A man is more quick to respond to stimulation. A woman responds more slowly.

E. A man it more stimulated by seeing. A woman is more stimulated by touch.

F. A man is more sexual than maternal. A woman is more maternal than sexual.

VI. We need to be lovers.

A. Men should not rely on patterns—an atmosphere needs to be created.

B. Communication is important.

VII. Misnomers.

A. An ideal is not to be reached for always—the important thing is to just enjoy one another.

B. Talking about the physical aspect of intimacy is most important.

VIII. The goal of marriage is integration in all of life—it is the greatest of adventures.

A. Sex outside of marriage is not good enough because it lacks commitment and permanence.

B. Marriage is a privilege.

C. Marriage is something to be fought for.

IX. A woman cannot separate love and sex.

X. The sex act between a wife and husband is a deep well that springs forth life. (Proverbs 5)

A. Sex is not shallow.

B. God wants it to be like a deep well.

C. No one ever gets tires of a drink of water when thirsty.

D. Creativity can spice up the sex life.

XI. The Bible speaks of sex as knowledge—it is an exhilaration of love. (Proverbs 5:18)

XII. Husbands and wives have responsibility toward each other sexually. (1 Corinthians 7)

Application questions:

1. Why did God create sex?

2. How can Christians stigmatize sex too much? What is a healthy corrective?

3. How can a knowledge of the differences practically help us in sex? Explain.
