Trusting in God Jan Jantzen.

"Trust in the Lord with all thine heart and lean not unto thine own understanding, in all thy ways acknowledge Him and He shall direct thy paths." We can derive three points from Proverbs 3:5-6:

I. God promises to guide us, if we trust in Him with all our heart, if we depend and rely on Him with all our innermost being.

It challenges our heart to trust Him but many a times we don't rely in Him and trust in the way we want to. In order to trust a person with all our heart means a lot, we need to, to know the person, what he thinks about me and so on, and only then can I put my confidence in him. The same thing is true with the Lord.

A. **His care**: We can trust a person when we know that they care for us. The perfect person whom we can think in this regard is the mother. We I correspond and tell her everything what we think and do without any hesitation because we trust her and know that she cares for us and would not criticize. This is the same with our Lord, knowing that He cares for us, we can trust Him. 1Peter5:7 say "cast your care upon Him as He cares for you". Psalm 139:17, 18 says "how precious are thy thoughts unto me O God, if I would count them, them are more in number than the sand." This should warn and make us realize about the fact that the Lord thinks of us (me) all the time, right now, day and night.

B. **His sovereignty**: It helps me to trust the Lord when I dwell on the fact that He knows the end from the beginning. He knows exactly what's happening and the people involved in our lives during the course of our life on earth. This is true with big and small situations as well. Job 23:13 says in regard with sovereignty "but he is in one mind, and who can turn him? And what his soul desireth, even that he doeth. For he performeth the thing that is appointed for me; and many such things are with him". In His sovereignty He knows what He is doing and performing and this should give us real sense of security and confidence, and helps to put trust in Him.

C. **His goodness**. A small voice in myself which is the voice of the enemy tells me that God does not want good for you, he wants to hold back some things, he isn't interested and wants to give you hard time .We sometimes even get the feeling that God is against us. But the scripture tells us that God is for us and He loves to give good things for us. Matthew 7:9-11 says that Lord wants to give good things. Psalm 84:11 says that no good thing will he withhold from them that walk uprightly. This is a fact that we can stand upon and believe. Romans 12:2 tells that God's will is good, acceptable and perfect for our lives when we believe and step out..

So in order to trust in the Lord with all our heart, we need to know Him, his care, sovereignty and goodness and relate these things in the real situations of our lives. The exciting fact of the Christian life is what the Lord says to me everyday and relating scriptures to my daily life.

II. God promises to guide us if we lean not on our own understanding.

We can either trust the Lord or lean to our own ideas but it is impossible to do both at the same time. This is a competition in our own mind all the time.

A. Why can't we lean on our own ideas? Jeremiah 17:9 says that the heart is the deceitful above all the things and desperately wicked. Our hearts are corrupt, selfish and deceitful. There in

nothing good in us. Proverbs 14:12 says "there is a way which seemeth right unto a man, but the end thereof are the ways of death." Proverbs 16:9 says "A man's heart deviseth his way but the Lord directeth his steps. Our hearts devise ways but God should direct our steps. By this it doesn't mean that we throw out our thinking pattern but we use the brain which God has given us, work out and we need to commit everything to His authority in order that His will may be done.

III. He promises to guide us if we acknowledge His authority in all our plans and behavior.

The biggest problem in life which fights against the people and God is, self will. Sometimes surging will is so terrible and frustrating that we want to exercise and get the things done. In Luke 22:42 Jesus says "Father, if thou be willing, remove this cup from me: nevertheless not my will, but thine, be done". We need to have an exchange of wills at the break of the day where we stay in the presence of the Lord, clear up our hearts and let the Lord take control over our lives through out the day and that gives us peace and joy.

There are few things in life which seem impossibilities in our lives which need to be submitted to the Lord. They are:

A. Waiting: It goes along with our will and never gets any easier in the long run of life whether we are young or old. Isaiah 30:18 says that the Lord will wait that He may be gracious unto you ... blessed are all they that wait for him. When we wait and not rush ahead of God we receive His blessings. In the book Discipline of life and in the chapter Discipline of delay the author says "delay that prepares and instructs will save time and will never lose it. Delay never forces God's purposes but rather polishes it." Delay and waiting always make us ready for God's task and a better person".

B. Accepting myself as I am: It is human tendency that we don't accept ourselves but compare ourselves with some one around us either it is home or college. But God wants us to realize that we are unique and that no one else can do our job the way we do it for the Lord. 1Corinthians 12:18 says "But now hath God set the members every one of them in the body, as it hath pleased Him". God has a plan for each one of us.

C. Leading others: God helps and encourages in leading others to Him. Teaching our juniors and sharing the knowledge of Christ from what we know right now will help them and us grow. Jesus tells us in John21st chapter "If ye love me, feed my sheep". We can prove the Lord that we love Him through sharing and caring for our friends and bearing their burdens.

D. Giving up the self: This may risk our time and money too sometimes. But we need to come out of our self centeredness to help others and share the testimony. Matthew 20:28 is the key to life which tells "Even as the son of man came not to be ministered unto but to minister and to give his life a ransom for many". If God came to meet our needs and serve us, we as God's children need to serve others rather than expecting people to do something for us.

E. Rejoicing in the Lord: Paul while he was in jail and not able to preach he exhorts to rejoice in the Lord. Christian experience is not something which is going on around us but something which is going on inside us. Our joy and experience should be irrespective of our circumstances whether we have money or abundance or not. Our Lord wants to rejoice in Him always fully trusting Him.

Finally the whole purpose of life is to know Him and to love Him. Christian life is easy and very simple. Put your hand in the hand of God and cast your cares on Him and trust Him just like a child and He will guide you, guard you and lead you in the righteous paths.