

# Holiness is Not an Option

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## I. Introduction.

- A. People are either under the dominating influence of sin or the Holy Spirit. (Romans 7:21)
- B. The Spirit frees us from the dominating influence of sin by living within us. (1 Corinthians 6:19-20)
- C. The Spirit is the sole source of enabling power.

## II. The Spirit helps us in specific ways. (2 Timothy 3:16)

- A. The Spirit used the Word of God is an instrument of power. (Ephesians 6)
- B. The Spirit rebukes and corrects because our hearts are deceitful. (Jeremiah 17:9; Romans 13:8)
- C. The Spirit is the agent of blessings who works in us to will and to act. (Philippians 2:13)

## III. What is required of us.

- A. We must be in the Word with a spirit of humility and contrition. (Isaiah 66)
- B. We must come to God in prayer. (Hebrews 4:16)

## IV. Questions and answers.

## V. The place of personal discipline.

- A. Discipline is practice or training for some purpose. It is a process that should equip us to do a job. (1 Timothy 4:7)
- B. Discipline requires...

### 1. A teacher or coach (the Holy Spirit). (2 Timothy 3:16)

- a. We get into the Bible by hearing, reading, studying, memorizing and meditating. (Psalm 119:11)
- b. Our life must be structured for time with the Spirit of God.

### 2. A committed trainee (the right mental attitude).

- a. Find where you fall short and find ways to correct.

### 3. Actual practice.

- a. We prepare ourselves for holiness in the quiet time. We exercise it in everyday life. (2 Peter 2:14)

**Application questions:**

1. What is the Spirit's role in holiness?

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2. How should we read the Bible in light of its purpose? Explain.

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3. What is your action plan for holiness? Explain.

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