One definition Webster gives for the word “Queen” is: “A woman foremost, or judged to be foremost among others in certain attributes or accomplishments.”

The goal of each wife should be “to be foremost among others in certain attributes or accomplishments” which are important to her husband so that he will exclaim “There are many fine women in the world, but you are the best of them all.” Proverbs 31:29 (Living)

The queenly attributes or accomplishments which we will cover are: attitudes, appearance, and character.

**Attitudes**

1. Match up the following bad attitudes with one of the verses of Scripture.

   a. Nagging  
   b. Self-pity, complaining  
   c. Being negative & critical  
   d. Being a dream-buster  
   e. Talking too much  
   f. Having bitterness, resentment  
   g. Never letting a matter die  

   (continuing to rehearse an offense or mistake)

<table>
<thead>
<tr>
<th>Attitude</th>
<th>Verse</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nagging</td>
<td>Proverbs 17:9</td>
</tr>
<tr>
<td>Self-pity, complaining</td>
<td>Proverbs 12:25</td>
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<tr>
<td>Being negative &amp; critical</td>
<td>Proverbs 21:9 (Amplified)</td>
</tr>
<tr>
<td>Being a dream-buster</td>
<td>Jude 16 (Berkeley)</td>
</tr>
<tr>
<td>Talking too much</td>
<td>Numbers 13:27-33</td>
</tr>
<tr>
<td>Having bitterness, resentment</td>
<td>Proverbs 18:2</td>
</tr>
<tr>
<td>Never letting a matter die</td>
<td>Hebrews 12:15</td>
</tr>
</tbody>
</table>

2. Study Proverbs 14:1 and then write in your own words what this means to you

3. The following verses offer some antidotes for bad attitudes: Matthew 21:22; Philippians 4:8; Isaiah 43:18; 1 Thessalonians 5:18; Proverbs 14:1; Ephesians 4:31, 32; Psalm 141:3. Find the positive antidote in each of the above verses and list it beside the bad attitude it would best help eliminate.

<table>
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<td>Nagging</td>
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<td>Self-pity, complaining</td>
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<tr>
<td>Negative, critical</td>
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<tr>
<td>Dream-buster</td>
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<td>Bitterness or resentment</td>
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<tr>
<td>Never letting a matter die</td>
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</tbody>
</table>
4. Which of these negative attitudes are you most guilty of? ………………………………………...
…………………………………………………………………………………………………………………….

5. What will you do this week to break this habit pattern and allow God to change you?
…………………………………………………………………………………………………………………….

Appearance
1. Is I Peter 3:3, 4 speaking of prohibition or priority? …………………… Explain your answer ………………………………………………………………………………………..

2. I Samuel 16:7-If God looks on the heart, why does our appearance matter? …………
……………………………………………………………………………………………………………………..

3. Answer the following questions with a “yes” or “no”.

   a. Do you consult your husband about your choice of clothes? ……….
   b. Does he cast the deciding vote on the clothes you buy? ……….
   c. Do you dress to please him? ……….
   d. Do you wear things he disapproves of? ……….
   e. Are you paying less attention to keeping attractive now than before your marriage? ……….
   f. Do you seek to freshen up and look attractive before your husband arrives home? ……….


5. What will you work on this week to seek to be more attractive to your husband? ………
……………………………………………………………………………………………………………………..

Character - Character is a person's distinctive qualities or traits.

1. Integrity

   a. Define integrity in your own words ……………………………………………………………..
   ………………………………………………………………………………………………………..

   b. What truths about integrity can be discovered from the following verses?

       1) Job 2:3…………………………………………………………………………………………………
       2) Psalm 7:8……………………………………………………………………………………………..
       3) Psalm 25:21………………………………………………………………………………………….
       4) Psalm 41:12………………………………………………………………………………………….
       5) Proverbs 11:3…………………………………………………………………………………………
       6) Proverbs 20:7………………………………………………………………………………………….
2. Consistency and Faithfulness

a. What do we learn about our God from Malachi 3:6 and Hebrews 13:8?
………………………………………………………………………………………………………
………………………………………………………………………………………………………

b. How does this apply to us in our marriage relationship? ………………………………………
………………………………………………………………………………………………………

c. What does James 1:8 warn against? ……………
………………………………………………………………………………………………………

b. Why did his enemies have difficulty in finding fault with Daniel? Daniel 6:4
………………………………………………………………………………………………………

b. What kind of a servant did Jesus commend in Matthew 25:21? ……………
………………………………………………………………………………………………………

c. What can we discover about faithfulness from Luke 16:10-21? ……………
………………………………………………………………………………………………………

3. Emotional Stability and Maturity

a. How would you define emotional stability and maturity? ……………
………………………………………………………………………………………………………

b. List some characteristics that are evident in one who is emotionally stable and mature. …………………………………………………………………………………………………………

b. What one thing out of this list are you most lacking in? ……………… What will you do this week with God's help to bring that area of weakness or sin under Christ's control? …………………………………………………………………………………………………………

b. What negative emotions do you find most difficult to handle? (e.g. anger, envy, jealousy, nervousness, anxiety, etc.) …………………………………………………………………………………………………………

c. What helps you most to overcome times of depression or “feeling low”? ………
………………………………………………………………………………………………………

Remember, our negative emotions and other negative personality traits CAN be changed to the degree that our lives are brought under the control of the Holy Spirit. He is in the business of transforming our temperaments as we learn to walk in the Spirit. Tim LaHaye has two very excellent books on this which we highly recommend: Transformed Temperaments and Spirit-Controlled Temperament.

Suggestions For Further Study
Tape 1062ABB - Women's Moods, Shirley Rice
Tape 1295 - God's Beauty Contest, Irma Warr

How to Win Over Depression, by Dr. Tim LaHaye, Zondervan