The Godly Woman Being "A Helper Fit For Him" - Part IV - Sex Is Fun-Enjoy It!

The sexual part of marriage is perhaps the least spoken to, and yet one of the most important. The Bible gives some clear directions which we will do well to heed.



1. When did God create sex? Genesis 1:27, 28
Was this before or after sin entered the world?Therefore, is the sexual relationship within marriage sinful?
2. Why is sexual intercourse wrong outside of marriage and right within the bonds of marriage?
Marriage and sex are of divine origin. Grace perfects them. Sin perverts them.
3. From the following verses, list some reasons you believe God instituted sex and marriage.
Psalm 127:3-5 I Corinthians 7:2-5. Genesis 2:24
4. Write out in your own words the meaning of I Corinthians 7:2-5 and then write how this should operate in marriage.
5. Explain what you think is meant by this statement: "A woman's greatest sex organ is her mind."

The sex act to a man is mainly physical. To a woman it is not only physical but emotional and spiritual. It is the closest thing to totally giving herself that a woman can express in an act. This being true, a woman will not and cannot function well sexually while torn up emotionally. A satisfactory sexual relationship is mainly a husband's project. A sexual conflict may exist between husband and wife if there is a feeling of competition, resentment carried over from courtship, too large an age difference or differing sexual drives. The husband may have personal problems of feeling inadequate sexually, or being domineering and selfish. The wife's problem may spring from inner fears, pain in the relationship, puritanical ideas, or feelings of guilt and being used instead of loved. Sexual conflict may also be caused by a physical health problem in either party, a lack of time (too much to do) or simply tiredness. The first step in solving any problem is determining the cause.

How	would you counsel a woman who came to you with the following problems:
	a. Intercourse is just a duty to me which I escape as often as possible.
	b. I feel it would be wrong for me to really enjoy sex.
	c. I withhold sex as a weapon to get my own way or as a punishment when my husband displeases me.
	d. I don't get any fulfillment or satisfaction or release from sexual intercourse.
	e. My husband gets satisfied very quickly and often leaves me frustrated.
	f. My husband seems to think only of sex! He wants sexual relations far more often than I do.
	g. By the time we're ready for bed, I'm too tired to think of having intercourse.
	h. My sexual desire and ability to be sexually aroused seems to be dwindling. What should I do?

Remember, love gives. It is the nature of love to want to give. It looks for ways of expression. God planned that intercourse be the deepest expression of love and oneness we are capable of: Love is never selfish. It does not seek self-satisfaction first. Love sees sex as a desire for an interaction and communion of the total personality.

7. Using the Scriptures given in this chapter (and other Bible verses with which you are familiar) write a summary paragraph on what the Bible has to say about the sexual relationship between husband and wife.

Some keys to a good sexual relationship with your husband are: prayer, right attitude, sweet-smelling cleanliness, unselfishness, patience.

ASSIGNMENT: Many sexual problems in marriage are caused by lack of communication on the part of one partner or the other as to personal likes and dislikes regarding the sex act. Pray for boldness to openly discuss this with your husband so that both of you may experience an ever-increasing joy in each other as God intends.

Suggestions For Further Study

Tape 1154A - Marriage and God's Purpose For Sex, Howard Hendricks

Tape 1863 - The Other Side of Sex, Ken Poure

Tape 2135 - Sex Is God's Idea - and It's Fun, Ruth Myers

Sexual Happiness In Marriage, by H. J. Miles, Zondervan How to be Happy Though Married, by Dr. Tim LaHaye, Tyndale House Physical Unity in Marriage, by Shirley Rice, the Tabernacle Church, Norfolk, Virginia

(Two very excellent tapes on the sexual relationship in marriage are also available from the free lending library of Dr. Ed Wheat, Springdale, Arkansas.)