I. Introduction.

II. With the temptation of the mind.

A. Remember that you are chosen.
   1. God has chosen us in Christ. We need to get ourselves out of this syndrome that if God knew us he would throw us away.
   2. God has adopted us through Christ.
      a. Once we have a relationship with Christ, God will not break it.
      b. God will never stop loving you.

B. Be quick to listen to the Word of God.

C. Be slow to speak.

D. Do not get frustrated and lose your temper about it.

III. Practical responses.

A. Obedience.

B. True religion.

Application questions:

1. Why is it important to remember that we are chosen by God to deal with temptation? Explain.

2. How would you counsel someone to deal with the temptation of the mind?

3. What is “true religion” and how does it look in your life? Explain.