Listen to Audio Session 1 - Part 4

(II. A Relationship with God is Basic to Effective Interpersonal Relationships – Continued)

C. The Lesson from Cain's Experience

Genesis 4:3 - 8

1. Cain chose his own way, verse 3

2. God was not pleased, verse 5

3. God offered a solution, verse 7

4. The downward spiral after refusing God's provision

5. Cain's conflict was with God, but he expressed it toward Abel

D. We Are to Begin with Ourselves

Ephesians 4:1 - 3

1. Humility

2. Meekness

3. Patience

4. Forbearance