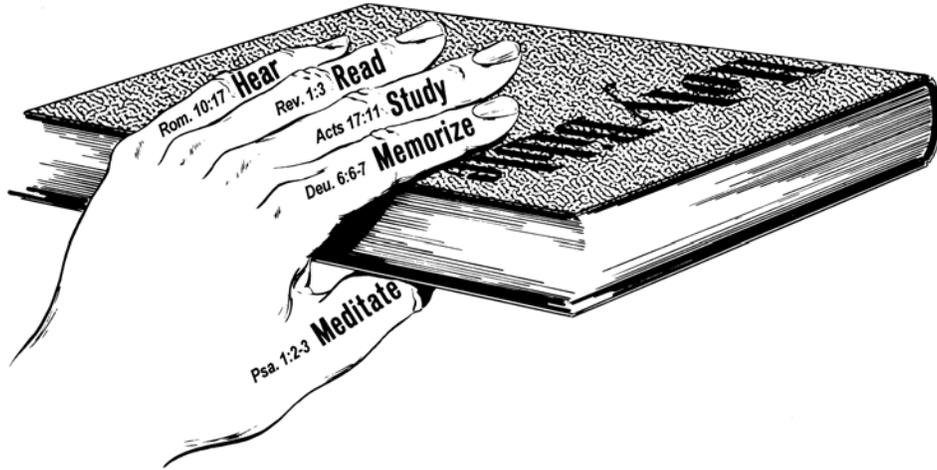


# The Word

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## I. Introduction.

II. Five ways to defeat Satan in his frustration of one's spiritual nourishment and to appropriate Jesus Christ daily.



A. Every Christian needs to feed on the Word to be a healthy Christian.

1. You feed by **hearing** and **reading**. (Revelation 1:3)
2. Hearing the word only is like smelling a good meal - it is not enough to just hear it. One should consume it.

B. Every Christian needs to **study** the Word to be an intelligent Christian.

1. Bible study requires original investigation, written reproduction, personal application, it must be simple enough to be passed on.
2. One should develop a system to get acquainted with the whole English Bible.

C. Every Christian needs to **memorize** the Word to be a skillful Christian.

1. It aides one in communicating the gospel.
2. It builds credibility if one is able to memorize.
3. When the memorized Word is buried in the heart the Holy Spirit can use it to prick the conscience and prevent one from entering into something injurious.

D. Every Christian needs to **apply** the Word to be obedient Christians.

1. It is unusual for a person to look into a mirror and not see something that needs an adjustment and not make that adjustment. It is therefore an oddity for a person not to take immediate action when he sees a problem in his character to work on after looking into the Word of God. (James 1:22)

E. Every Christian needs to **meditate** in the Word to be a spiritually minded Christian.

1. The promise of being fruitful is tied to sharing Christ's life (John 15:5) pictured in Jeremiah 17:8.

a. Although the tree faced both heat and drought, it survived. The leaves always stayed green and the tree never missed a fruit bearing season.

b. The secret was that it was planted by the water and its roots were spread out.

2. There are three tap roots: the mind, the emotions and the will.

3. The mind that is exercised through meditation on the word of God is the means for sharing Christ's life. (Psalm 1:2-3)

a. This is rumination - a cow chews something up and stores it up for later. The cow ruminates in perfect timing without waste. She squeezes the nourishment out of it.

b. We transfer the life of Christ into us in a similar manner. Christ comes in the volume of the book. (Psalm 40:7, John 6:63)

4. One is to meditate during the night. (Psalm 1)

a. The conscious mind makes a transfer to the unconscious mind at night and it becomes restless. But the purpose of the unconscious mind is for dwelling on God's Word.

b. The last thing that a person thinks about during the day should be God's Word so that it will be the first thing he thinks about the next day. (Proverbs 6:22)

c. Specifically, look for a personal message from the Word and then once it is received no longer think about anything else. God is trying to get us set up for a good day. (Psalm 33:11)

5. The day is also to for meditation and can be broken into periods for this. (Psalm 119:164)

Application questions

1. Explain the five key steps to getting into the Word in your own words.

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2. In what ways can Scripture memory be an effective tool for the Christian?

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3. Why is it that daily nourishment from the Word is so important? What is your plan for getting into the Word daily and bringing it into the subconscious?

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