The Daily Quiet Time

for Seven

The fear of the Lord is the beginning of knowledge. Proverbs 1:7

I. What is a quiet time?
Not a ______ or a _______, but a _______ with a person.

1. Josh 1:8 Meet with God with the purpose of______________

2. __________ Col 4:2 Be ______________

II. Who should have a QT?

ONLY ______________ people over the age of ____.

2 Timothy 2:15

III. Why should I have a quiet time?

Do we really understand who God is?!?

Rom 11:33
Gal 4:6
Amos 4:13
Is 40:28-31

1. God Almighty ___________it Is 43:1, III Jn 4

2. God Almighty ___________it Deut 4:39

John 14:21
Luke 24:13-16

Luke 24:27-33

Getting to know God leads to _______ Him
_________ Him leads to _____________ to Him
_________ to Him leads to being _____________ to

His image. Mark Lewis

How am I going to live my life? (circle one)
The Authority vs. My Authority II Tim 3:14-17

IV. **When** must I have a quiet time? ________________.

Is there a good time of day?

Non-biblical examples:
The Hurrieder I go, the Behinder I become. (Crawfordism)
Dave Ramsey's Yellow Pad.

Biblical examples:
Psalm 5:3
Mk 1:35
Prov 20:13

V. **Where** should I have a quiet time?
Mark 1:35
VI. **How** do I have a quiet time?
Have a plan other than the ___________ method.

7 Minutes With God – How to Plan a **Daily** Quiet Time.
What do we notice about the order of events in Ezek. 3:10?

\[ \frac{1}{2} \text{ minute of } \underline{\text{__________}} \text{ (ABC Names)} \]

4 minutes of _____________.
   Record what God is saying to You
   and what You are saying to God.

\[ 2\frac{1}{2} \text{ minutes of } \underline{\text{__________}} \]
   A to praise Him
   C to agree with Him
   T an attitude of gratitude
   S to humbly request (Prayer sheet)
   1Sam 12:23-24

Let's try it!

Pray
Together read Mark 1:1-20
Record -
**What God has said to me:**

\[ \text{__________} \]

**What I have said to God:**

\[ \text{__________} \]

End in prayer without neglecting ACTS.
Where should I start?

*Volume does not automatically lead to consistency*

*However, consistency leads to volume* - Rusty Gosz

Keep a record of reading so you can _________ to read the whole book.

One chapter / day = ______ years to complete the bible.

At a minimum read one _______ each day.

Mark, John, Acts, Romans...
Proverb/day
Different versions
New King James Version, New American Standard Version
Chronological Bible (NIV)
The Message, Living Bible

VII. What are some of the **Results** of a daily quiet time?

Is 26:3
Ps 37:4,5
Psalm 5:3
Dan 6:10

Other:

*God did not give us the bible to increase our knowledge, but to change our lives.* D.L. Moody

VIII. **Why Not?**

1.  
2.  
3.  

4.  
5.  
6.  

www.biblegateway.com  
www.discipleshiplibrary.org
ABC Names of GOD

Almighty * Awesome * Advocate * Adequate
Bread * Burden-bearer * Barrier-breaker * Bountiful
Counselor * Conqueror * Companion * Compassionate
Dwelling-place * Deliverer * Defender * Delight
Eternal * Encourager * Enduring * Enabler
Father * Friend * Faithful * Finisher
Guide * Great * Gracious * Giver
Holy * Humble * Hiding-place * Hope
I AM * Instructor * Indwelling * Intercessor
Jehovah * Just * Joy * Jesus
King * Keeper * Kind * Key
Lamb of God * Lord * Light * Leader
Master * Mighty * Merciful * Mindful
Nigh * Needed * Nearest * Nourisher
Omniscient * Omnipresent * Omnipotent * Overcomer
Prince of Peace * Provider * Praise-worthy * Prayer-hearing
Quickener * Quencher-of-storms * Quietness
Redeemer * Refresher * Ruler * Rock
Savior * Strength * Shield * Sovereign
Transformer * Teacher * True * Tower
Unchangeable * Unfailing * Unlimited * Upholder
Vine * Vindicator * Vanquisher * Victory
Way * Word * Wonderful * Worthy
Yearning * Yearned-for * Yoke-fellow
Zealous

+
Therefore I exhort first of all that supplications, prayers, intercessions, and giving of thanks be made for all men, for kings and all who are in authority, that we may lead a quiet and peaceful life in all godliness and reverence. For this is good and acceptable in the sight of God our Savior, who desires all men to be saved and to come to the knowledge of truth.
1 Tim. 2:1-4

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