

How to Meet with God Through the Word

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1. Make a commitment to meet with God every day.
2. Get accountability with your roommate or a friend.
3. Get a good night's sleep and eat healthier.
4. Schedule your first available time each day to be with God.
5. Find a consistent quiet place to sit.
6. Don't get hung up on how much time it takes, block out a half hour to start.
7. Have your Bible, the Daily Bible Reading Calendar (DBR), journal and pen handy.
8. Pray and ask God to speak to you through His Word.
9. Use the DBR (Daily Bible Reading Calendar).
10. Read the passage slowly.
11. Write down any observations or questions about what you are reading.
12. Write down a specific application from the passage that you want to focus on that day.
13. Make note of any verses you want to memorize and add them to your versepack.
14. Make note of any passages that you want to go back and study in more detail later.
15. Take some more time to pray by:
 - A. Praising God for Who He is (praying Scripture is a good way to do this).
 - B. Commit to share what you learned with a friend later that day.
 - C. Thanking God for specific blessings in your life.
 - D. Making requests to God on behalf of family, friends, yourself, etc. (try using a prayer list for ongoing prayer requests).
16. Commit to share what you learned with a friend later that day.

Here are questions to ask about a passage to help you apply it to your life. Remember SPACEPETS! Is there any . . .

- **S** in to confess?
- **P** romise to claim?
- **A** ttitude to change?
- **C** ommand to obey?
- **E** xample to follow?
- **P** rayer to pray?
- **E** rror to avoid?
- **T** ruth to believe?
- **S** omething to thank God for?

Try experimenting with more time of prayer, meditation, music, movement, or devotional guides. Variety is a good thing!

Remember, this is a relationship, not a homework assignment!

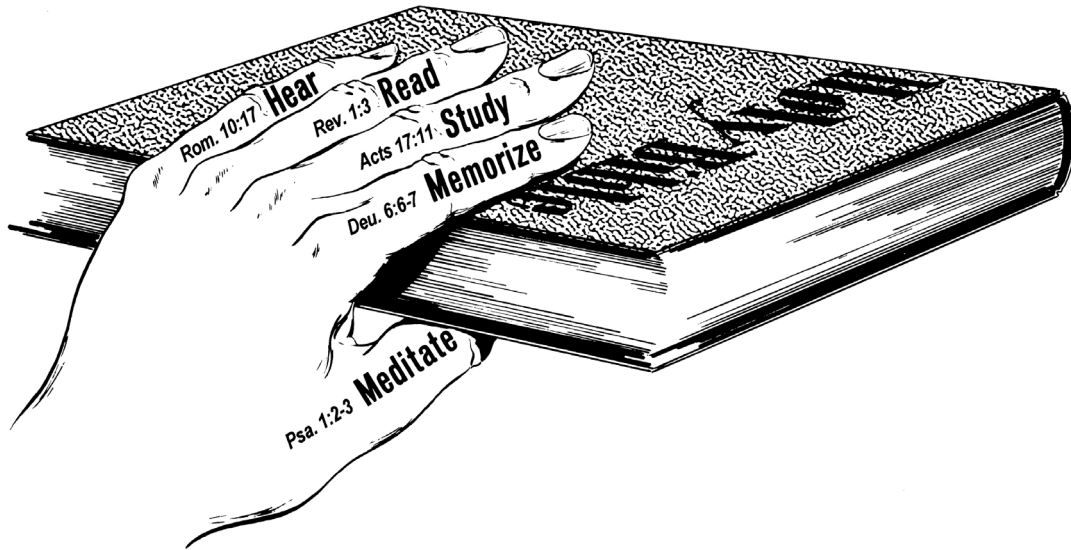
Do you want to commit your life to the Word? If not, why not?

What are the barriers that keep you from committing your life to the Word?

Would you be willing to ask for help? If so, commit to talk to a friend or Navigator staff today!

THE WORD HAND

Abiding in the Word of God



Hear to be informed - Romans 10:17; Jeremiah 3:15

Hearing the Word from godly pastors and teachers provides us insight into other's study of the Scriptures as well as stimulating our own appetites for the Word.

Read to be healthy - Revelation 1:3; Deuteronomy 17:19

Reading the Bible gives us an overall picture of God's Word. Many find helpful a daily reading program which takes them systematically through the Bible.

Study to be intelligent - Acts 17:11; II Timothy 2:15

Studying the Scriptures leads us into personal discoveries of God's truths. Writing down these discoveries helps us organize and remember them better.

Memorize to be skillful - Deuteronomy 6:6-7; Proverbs 7:1-3

Memorizing God's Word enables us to use the Sword of the Spirit to overcome Satan and temptations, to have it readily available for witnessing or helping others with a "word in season."

Meditate to be fruitful - Psalm 1:2-3; I Timothy 4:15

Meditation is the thumb of the Word Hand, for it is used in conjunction with each of the other four methods of intake. Only as we meditate on God's Word, thinking of its meaning and application to our life, will we discover its transforming power at work within us.

Apply to be obedient - Ezra 7:10; James 1:22

Application of the Word of God to our daily life is a continual process that enables us to obediently walk in close personal fellowship with Him.

Proclaim to be reproductive - Colossians 1:28-29; II Timothy 2:2

Our objective: to know, love and glorify God and to be used of Him to raise up qualified laborers in significant numbers, as fast as possible, to help fulfill the Great Commission.