

TWO PART HARMONY

I. Your Wife Has Been Given To You as Your "COMPLETER" *Genesis 2:18*

II. Christlikeness (Eph.5:25)

God's design is not to make me _____ but to make me _____.

God's goal for me: Become more like Christ

Put Christ first in my life

The biggest obstacle in my marriage is not my wife, but MY _____.

III. Oneness (Gen. 2:24)

Growing in Oneness

Does she feel _____? This is her **GREATEST NEED!**

One of her greatest fears: **BEING TAKEN FOR GRANTED!**

She needs to know that you _____ **HER** (over your work, ministry, hobbies)

Practical suggestions:

Admire her _____, not just her **PERFORMANCE**

Speak in her _____.

Carve out regular _____.

Let her know you are **THINKING ABOUT HER** during the day

_____ her in public and around the kids.

Encourage the development of her _____ and _____.

IV. Meeting of the Minds (1 Peter 3:7)

Men are like _____ and women are like _____.

She is my _____, and needs to be _____.

She needs me to **ACCEPT RESPONSIBILITY** for _____ at home.

She needs me to share my **WORLD** with her.

V. Play Often Together (Eccl. 9:9)

Marriage was designed to be _____!!!!

NEVER STOP _____ YOUR WIFE!!!!

Make regular time together a top priority (Starbucks, Sports outings, Read together).

Rule of thumb: Always have something _____ for her to look forward to.

VI. Listen to Her (James 1:19)

She longs to share her heart with you if you will take the time to listen.

She doesn't want you to _____ the problem.

Be slow to _____ when you are agitated: Cut the instinctive nerve of your reaction!

VII. Embrace Your Differences (I Thes. 5:18)

Chances are you married someone who is **TOTALLY** _____!
Opposites _____ while dating and _____ after marriage.
Your differences can make you **STRONGER** as a couple.

Pack rat vs. Discarder
Introvert vs. Extrovert
Lion vs Golden Retriever

VIII. Three Strand Cord: Growing Together SPIRITUALLY (Ecc. 4:12)

As Nancy and I grow closer to the Lord, we grow closer to one another.
_____ together regularly. This is level 5 communication.
Read the _____ together. Consider the One Year Bible.
_____ **TOGETHER** instead of independently.
Our wives need us to be the **SPIRITUAL LEADERS** of our family.

IX. Extend Forgiveness (Eph. 4:32)

X. Receive Her as a Gift (Romans 15:7)

There are two ways of dealing with relationships: _____ vs. _____.

To receive means to _____ or **EMBRACE** as a blessing.

To _____ means to see differences as faults or frustrations

How do I communicate reception?

Look for opportunities to _____ her.

Seek to _____ rather than criticize.

Extend _____ where she is weak.

1. Look over the acronym "COMPLETER". What three areas is the Holy Spirit prompting you to address?
2. Look at the list of character qualities on your worksheet. Which three do I most admire in my wife?
3. How can I be a better spiritual leader in my home?
4. Schedule a date with your wife in the next two weeks to discuss character qualities with her and examine the "50 Ways to Love Your Wife" handout together.
5. Pick an accountability partner to pray with you about your marriage goals. Feel free to contact me in the next two weeks to let me know how things are going so I can pray with you.
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Practical

How well do you understand your wife's needs? What are the ways your wife feels loved (appreciated)? On a scale of 1-10 how are you doing

Examine the list of 50 ways to love your wife (from Gary Smalley's "If Only He Knew"). Have your wife review this list and rank your meeting this need.

- 1 - if you meet the need*
- 2 - you are working to meet the need*
- 3 - this need is not being met*
- 4 - this is not a need*

- 1. Communicating with her, never closing her out.
- 2. Regarding her as important.
- 3. Doing everything you can to understand her feelings.
- 4. Asking her opinion frequently.
- 5. Letting her feel your approval and affection.
- 6. Being gentle and tender with her.
- 7. Avoiding sudden major changes in her life without giving her time to adjust.
- 8. Learning to respond openly and verbally when she wants to communicate.
- 9. Comforting her when she is down emotionally. For instance, putting your arms around her and silently holding her for a few seconds.
- 10. Being interested in what she feels is important in life.
- 11. Allowing her to teach you without putting up your defenses.
- 12. Making special time available to her and your children.
- 13. Having specific family goals for each year.
- 14. Showing her you need her.
- 15. Accepting her the way she is.
- 16. Admitting your mistakes. Not being afraid to be humble.
- 17. Leading your family in their spiritual relationship with God.
- 18. Taking time for the two of you to sit and talk calmly.
- 19. Going on romantic outings.
- 20. Surprising her with a card or flowers.
- 21. Defending her to others.
- 22. Not expecting her to do activities beyond her emotional or physical capabilities.
- 23. Taking time to notice what she has done for you and the family.
- 24. Bragging about her to other people behind her back.
- 25. Sharing your thoughts and feelings with her.
- 26. Taking time to see how she spends her day, at work or at home.
- 27. Taking care of the kids before dinner.
- 28. Helping straighten up the house before meal time.
- 29. Letting her take a bubble bath while you do the dishes.
- 30. Disciplining the children in love, not anger.
- 31. Getting rid of habits that annoy her.

- ___ 32. Not comparing her relatives with yours in a negative way.
- ___ 33. Thanking her for things she has done without expecting anything in return.
- ___ 34. Not expecting a band to play whenever you help with the house cleaning.
- ___ 35. Doing little things for her - an unexpected kiss, coffee in bed.
- ___ 36. Discovering her fears in life.
- ___ 37. Discovering her sexual needs.
- ___ 38. Finding out what makes her insecure.
- ___ 39. Practicing common courtesies like holding the door for her, pouring her coffee.
- ___ 40. Seeing if she is uncomfortable about the way money is spent.
- ___ 41. Taking her on dates now and then.
- ___ 42. Telling her you love her as often as you can.
- ___ 43. Learning to enjoy shopping.
- ___ 44. Not criticizing her in front of others.
- ___ 45. Not letting her see you become excited about the physical features of another woman if that bothers her.
- ___ 46. Letting your family know you want to spend special time with them.
- ___ 47. Being sympathetic when she is sick.
- ___ 48. Not disagreeing with her in front of the children.
- ___ 49. Taking her out to dinner and weekend get-aways.
- ___ 50. Giving her special time to be alone or with her friends.

4. Practice admiring and verbalizing to your wife at least one positive character quality every day. See the following list as a starter.

creative	dependable	resourceful
thorough	considerate	steadfast
amiable	sensitive	caring
happy	adaptable	loving
kind	thoughtful	strong
gentle	warm	tender
helpful	imaginative	cheerful
reliable	sincere	wise
tolerant	patient	steady
humorous	lighthearted	playful
carefree	willing	sensual
romantic	giving	selfless
pleasant	tactful	generous
graceful	affectionate	spiritual
responsive	trustworthy	honest
versatile	friendly	open
respectful	forgiving	lively