

HOW TO SPEND A DAY IN PRAYER

WORKSHOP

FEB. 2016

1. Who I am:
 - 1.1. My name is Renny Austin
 - 1.2. I currently live just east of Kansas City a couple of miles from my grandchildren
 - 1.3. My wife and I have been associated with the Navigators since 1972 (44 years)
 - 1.4. Until last month I was a consultant DER for the FAA (I resigned last month), before that I was in and out of aviation for the past 1/2 century
2. What this Workshop will cover:
 - 2.1. Perspective and Biblical Illustrations:
 - 2.2. Preparations:
 - 2.3. Instructions and personal tips
 - 2.4. Developing a Concerns list
3. Perspective, why a day of pray (or half day)
 - 3.1. To enhance our personal relationship with the Living God (Ps 27:8 & 2 Chron 7:14)
 - 3.2. To review the state of your flock (Prov. 27:23 or yourself Ps 139:23-24)
 - 3.3. Intercession for others (Col 1:9-12) & (Eph 6:18)
 - 3.4. To know the "Ways of God" (Ex 33:13 & Ps 103:7)
 - 3.5. What the Lord wants you to do, we play to the audience of one. (Gal 1:10 & Neh 1:4, 2:2-6,8b)
4. How to spend the day (or half-day):
 - 4.1. Preparations:
 - 4.1.1. Do a "Concerns List" before-hand so your time will be focused on prayer(Jer 29:12-13)
 - 4.1.2. Depending on where you choose to pray, pack a lunch or snacks, but it needs to be a quiet place with a minimum of distractions or interruptions
 - 4.1.3. Take your Bible, a note book or paper and your "Concerns List"
 - 4.2. Pray on the basis of God's Word, standing on the promises of God (2 Pet1:4)
 - 4.3. Instructions and personal tips,
 - 4.3.1. Divide you time into 2-4 parts
 - 4.3.1.1. Waiting on the Lord (while praising and thanking him for who he is and all he has done (1 Thess. 5:18; Ps 8:1, 3-4; Ps 104:1, 33-34, etc.)
 - 4.3.1.2. Concerns List Prayers (which may include prayers for others and yourself, negating the two items below.)
 - 4.3.1.3. Prayers for others (if your concerns list did not cover it)
 - 4.3.1.4. Prayers for yourself (if your concerns list did not cover it)

5. Brainstorming a Concerns List (10-15 minutes in small groups, starting a concerns list.)
 - 5.1. Discuss what each group learned from this time (10-15 minutes).

CONCERNS LIST

Date: _____

1. PEOPLE:

1.1. FAMILY:

1.2. MINISTRY PEOPLE:

2. POTENTIAL MINISTRY:

3. CAREER:

4. GOD'S VISION AND DIRECTION FOR YOUR LIFE:

5. HEATH AND WELLNESS:

6. PROJECTS:

7. ORGANIZATIONAL THINGS:

8. PERSONAL ITEMS:

8.1. MYSELF:

8.2. SPOUSE:

8.3. CHILDREN:

9. EVENTS FOR THE COMING YEAR:

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