## Morning Message Carole Mayhall

I. Introduction.
A. Your fears reveal what you are focusing on.
B. Our focus should be on God.
II. We should number our days and pursue contentment. (Psalm 90:12)
A. Live now as wisely and contented as you can.
B. Joy is a condition of the spirit.
III. Joy in the present
A. Depends on self-image.
B. God views you as incredibly unique and special.
IV. The Bible is the most practical how-to book on spiritual things.
V. We are to set our minds on things above. (Colossians 3:2)
VI. We are doubly secure because our life is hidden with Christ. (Colossians 2:15)
A. There is nothing incidental with God.
B. Everything has its purpose.
VII. Our responsibility is to put aside the old self and put on the new self.
VIII. God wants us to be sensitive to the Holy Spirit.
IX. The only way we can grow our focus on God is by spending time in the Bible. (Colossians 3:16)
Application questions:
1. What do your fears reveal about you?
2. How can you grow your focus on God?
3. What is your plan for getting a daily intake of God's Word? Explain.