

# **Working in Joy**

*Carole Mayhall*

## I. Introduction.

- A. Some days in life are exciting, but most are routine.
- B. We need God's joy to lift up the routine days.
- C. Grace extends to us anything we need in any moment.
- D. Life is difficult—through difficulties we can find God in a deeper way.

## II. Joy is a matter of the heart not a matter of happenstance.

- A. Life is hard and unjust, but God will take care of us. (Jude 1)
- B. We have met all of God's requirements for righteousness because our sin was paid for by Jesus. (Romans 8:4)

## III. How to experience God's joy in the mundane. (Psalm 78)

- A. The joy we get from talking to God in prayer is the bottom line of the Christian life.
- B. Use your quiet time to read meditatively and slowly.
- C. Ask God in light of Psalm 119:18 for a wondrous thing.
- D. Choose what God wants you to choose.
- E. God wants us to feel and experience his love. (Ephesians 3:16)
- F. God's Word is his personal love letter to you.
- G. God can multiply our joy if we give it to him.
- H. Let your quiet time be your "I love you time" with God.
- I. Pray for a revelation of a new aspect of God's character.
- J. Keep a blessing list.
- K. Keep a bonus list. (Psalm 139)

## IV. God wants you to be what he wants you to be more than do what he wants you to do.

**Application questions:**

1. How would you define biblical joy?

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2. What are some things we can do to prepare for joy in the routine?

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3. How can we experience joy in the midst of a difficult moment?

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