

Coping with Change

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I. Introduction.

- A. Text: Luke 22.
- B. There are two kinds of change: pleasant and unpleasant.
- C. The assumption regarding the audience is that there is a growing relationship with Jesus Christ.
- D. The other assumption is that the audience is willing to make peace with reality.

II. How Jesus Christ coped with change.

A. Place.

1. Jesus often went to the same place prior to experiencing great change.
2. We all need to find a consistent place for our prayer life to help us cope with change.

B. Prayer.

1. Pray especially when the unexpected hits you.
2. Count on the unexpected. Life is going to change.

C. Perspective.

1. Life is a cross we are to pick up daily.
2. Surrender to God must happen daily.

D. Person.

1. Everyone needs a person or people to go to when they are backed against a wall.
2. We need a Titus or Barnabus in our lives. (II Corinthians 75)

Application questions:

1. What kinds of change have been particularly difficult for you in your life? Explain.

2. Which tip did you find most helpful for dealing with change?

3. Prayer is obviously highlighted in dealing with change. How can you make prayer a more consistent activity throughout your day?
