

Living Journey of Transformation

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I. Introduction.

- A. There are six principles to help a person grow into his or her identity.
- B. We need to learn to live out of a new identity.

II. Living by faith. (Hebrews 10:38, Colossians 2:6-7, Hebrews 11:6)

- A. Faith is trusting God.
- B. Truth you know about will not change your life; truth you trust will change your life.
- C. Trust has submission built into it. (John 14:15, I John 5:3)

III. Living in grace.

- A. Grace is God's action on our behalf giving us the ability to do what we otherwise could not.
- B. Grace is a realm in which we live. (Romans 5:2)
- C. Grace is a safe place.
- D. There is no condemnation in an environment of grace. (Romans 8:1, I John 3:19-20)

IV. Experiencing community. (Ephesians 4:16)

- A. We need each other. (Proverbs 27:17)
- B. One discovers his spiritual gifts in community.

V. Being filled with the Holy Spirit. The Spirit of God is not someone we should fear. (Ephesians 5:18)

VI. The right exercise of spiritual disciplines.

- A. They are not to be used as a badge.
- B. Spiritual disciplines are about abiding in Jesus. (John 15)
- C. Spiritual disciplines help us to connect to the source of life.
- D. Kinds of disciplines.
 - 1. Disciplines of abstinence (e.g., silence, solitude, fasting).
 - 2. Disciplines of engagement (e.g., Bible reading, praise). (Psalm 22:3, Ezekiel 48:45)

VII. Transformation involves growing into wholeness in the context of the kingdom.

Application questions:

1. What does it mean that trust has submission built into it?

2. How would you describe grace?

3. What discipline will you commit yourself in the next weeks to better connect to Christ? How will you go about this?
