

III. ONE TO ONE DISCIPLEMAKING

A. ADVANTAGES OF ONE TO ONE

1. Greatest Time Flexibility
2. Two can meet almost anywhere
3. Go at the pace of a beginning disciple
4. Grasp of the subjects are more discernable
5. Easier to reproduce – he does what was done with him
6. Faster engagement into discipling
7. Closer, more personal relationship with the leader
8. Not distracted by an uncommitted member of a group
9. Needs are more easily met
10. Greater impact of the leader's life
10. Can start meeting with a new believer right after conversion
11. Can start meeting with a person interested in Bible study right away
12. More specificity – all attention is on the growth of the one
13. Almost every disciple can disciple one – not everyone can have a group to disciple
14. It is the fastest way to spiritual reproduction

B. DISADVANTAGES OF ONE TO ONE

1. No interaction with in a group
2. Possible errors can be passed on by leader
3. Leader can overload and expect too much
4. Can spoil the disciple by always catering to his needs
5. Leader's weaknesses are more visible for the disciple to see
6. Disciple can fake the leader out by telling him what he wants to hear

IV. THE LORD WANTS FULLY TRAINED DISCIPLES

Converts need to be followed up by someone not something.

Remember: You do not have to lead someone to Christ in order to do the rest of the ministries in this diagram

A. FOLLOW UP PRODUCES A FOLLOWED UP CONVERT

B. BEGINNING DISCIPLESHIP PRODUCES BEGINNING DISCIPLES John 2:1-2

C. CONTINUING IN DISCIPLESHIP PRODUCES FULLY TRAINED DISCIPLES. Luke 6:40

D. THE APOSTLES WERE DISCIPLED BY JESUS UNTIL THEY WERE FULLY TRAINED

At the end of their training He told them what a Fully Trained Disciple of His looks like and left it in writing for us.

A FULLY TRAINED DISCIPLE:

1. IS A LEARNER WHO IS OPEN AND TEACHABLE MATT.10:24,25

2. IS A DISCIPLE THAT CONTINUES IN JESUS WORD JOHN 8:31

Hear, Read, Study, Memorize, Meditate, Apply - Obedience to His Word is primary. John 14:21

3. IS A DISCIPLE THAT LOVES HIM MORE THAN ANYONE OR ANYTHING

Luke 14:26, Lk 14:27 Luke 14:33

4. IS A DISCIPLE THAT LOVES OTHER BELIEVERS AS JESUS LOVES THEM

John 13:34-35

5. IS A DISCIPLE BEARS MUCH FRUIT FOR JESUS

John 15:8 (ESV) By this my Father is glorified, that you bear much fruit and so prove to be my disciples.

a. Bears the fruit of evangelism and discipling other converts John 4:36-38

b. Bears the fruit of the character of Jesus Gal.5:22,23

c. Both of these happen because of the Holy Spirit of Jesus who indwells every believer. 1 Cor.12:13

A FULLY TRAINED DISCIPLE:

6. IS A DISCIPLE THAT IS MAKING OTHER DISCIPLES Matthew 28:18-20

- a. Reaching out to others in Evangelism – Witnessing - sharing the gospel
- b. Doing follow-up with those who are converted or are already Christians that he or she finds while talking to others about the Lord.
- c. Helping to Establish them in the faith
- d. Helping them to be baptized and connected to a Bible teaching church
- e. Helping them know how the Lord wants us to live by His commandments and grow into strong disciples of His
- f. Equipping and Training them to reach out to others in evangelism and disciple making
- g. Shepherding – Caring for them as their friend and brother or sister all their days.

V. PRINCIPLES OF ONE TO ONE DISCIPLEMAKING

- A. Example is not a way to teach, it is the only way to teach. Be an example of all that you tell them to do. 1 Cor. 11:1
- B. People will do with others what you do with them so give them the best you have not just something Mk.7:37
- C. At the beginning do everything in the session together. Later give assignments. 1 Thess.2:7,8
- D. Become an excellent Bible discussion leader. Learn to ask and answer deep questions that challenge. Job 38:4
- E. Focus on application of the Word and not just knowledge Josh.1:8
- F. Be a pacesetter in evangelism Phil.4:9
- G. Transmit and live the vision of reaching the world through spiritual multiplication. 2 Tim.2:2
- H. Pray for them every day 1 Sam.12:24

VI. HOW TO BEGIN WITH ONE

- A. Pray – Tell the Lord You Want To Be A Laborer and Ask Him For One To Help
- B. Be Available To Get More Help Yourself. Ask the Lord to give you another to help you.
- C. Reach Out In Evangelism, Witness And Talk To Others About Their Spiritual Needs

1. Where? The World – USA – Oklahoma – Oklahoma City – O.U. – O.S.U – Your Sphere

	7.2 B	320 M	4 M	1.8 M	21 K	23 K	
Evangelicals	2.6%	26%	51%	51%	51%	51%	Some are saved, Need Follow-Up

Who? Your Sphere of Contacts – Neighborhood, Office, Church, Old Friends, Dorm

When? Today Or ASAP

How? By The Power And Filling Of The Holy Spirit

What? Begin Simply Every Time and Reproduce Your Practice of Discipleship and Disciplemaking With Them.

VII. EXERCISE A Suggested 7 Session Follow Up Plan

A. MATERIALS

- 1. Beginning With Christ
- 2. 7 Minutes With God
- 3. Having A 7 Minute Quiet Time Together
- 4. Lessons On Assurance



A Suggested 7 Session Follow Up Plan

Session 1. Beginning With Christ

Relate by asking how things are going for him and discuss what he tells you.

Read through Steps To Peace With God and confirm his decision

Read through BWC together and look at the verses (within 24 hrs. of his decision if possible).

Read through Seven Minutes with God together and encourage him to begin reading in the book of Mark. Share your own testimony of how much your time-alone-with-God helps you, when you have it and where etc.

Have a 7 minute quiet time with him. You can do this in the 1st session if time and his interest allow. If you feel you are giving him too much in the first session then have a quiet time together in the next session

Take him the right Bible translation (paperback) and show him how to use it.

Tell him there is a Bible Study on each one of the topics in the BWC. Ask him if he would like go through it with you and Give him an opportunity to meet again in a week and schedule it if possible.

If he has a church he is satisfied with encourage him to go and if not invite him to go with you. (Don't make church a big issue at this point but help him know that he needs to go to a good church that teaches the Bible.

**At the end of each session ask him what he would like for you to pray
For him and then close in prayer, letting him hear how to pray. Then in
your personal time with the Lord, Pray For Him Every Day.**

Session 2. Begin Lessons On Assurance

Have your own lesson done each time before you arrive and have discussion questions on each lesson. However, let him look up his answers during your meeting so that you can help him learn how to do it and so that he won't be kept from meeting with you because he doesn't have his lesson done. The verses that answer the question are in the back of the book so that he doesn't have to learn to look up verses at the beginning.

If he starts preparing on his own praise him for it but tell him if he can't get it completed that you can do it together in your meeting.

Before starting the study tell him that it is important to ask the Lord to help us understand the Bible and then lead in a prayer for illumination.

Lesson 1. Assurance of Salvation

Make sure he is resting his assurance of the Promises of God in the Word.

If he has doubts drive a stake by praying the sinners prayer again.

Session 3.

Lesson 2. Assurance of Answered Prayer

In this session lead him to pray out loud through ACTS even if he has been praying with you already. Give him the ACTS prayer list and show him how to fill it out. During lesson 2 help him learn John 16:24 by saying the phrases with him 10 times until he has it. Give him a verse pack to put it in and ask him to review it each day. Show him how to date it for an 8 week daily review.

Session 4.

Lesson 3. Assurance of Victory over sin

In a sensitive way help him deal with any failures he is experiencing.

Session 5.

Lesson 4. Assurance of Forgiveness

Make sure he really understands that he is totally forgiven in Jesus

Session 6.

Lesson 5. Assurance of Guidance

Help him know that the Lord really loves him and wants to lead him through the rest of his life. Tell him that you want to teach him more about that later.

At this point tell him that next time you want to go over the subject of baptism and what the Bible says about it.

Session 7.

Lesson on Baptism

Deal with this issue sensitively based on his previous experience and his present church attendance. Do not push him or create a conflict if he is not in a position to do anything about it.

Session 7. Continued

Read with him the Going on with Christ packet and give him the opportunity to continue the weekly Bible study by starting the Studies In Christian Living next week.

Other things to accomplish during the 7 Follow Up sessions.

1. Give him a vehicle for praise such as the Psalms and teach him how to pray scripture. Get him a prayer notebook that has praise pages and help him make a basic prayer list with a confession page and a prayer list for his family and himself. Help him learn how to use it. However, be careful that you don't overwhelm him with tasks at this point.
2. Have a quiet time together for 7 minutes in one of your sessions.
3. Attempt to get him to visit a function at your church at least once. Encourage him in his freedom of choice so that He doesn't have any conflict over it.
4. Attempt to get him to a like like minded discipleship gathering at least once.
5. Attempt to do at least two non-spiritual activities together such as sports, a social gathering, dinner together, or some other common interest.
6. Give him the opportunity to meet your family and if possible have him into your home. Also, do your best to meet his family, observe his living situation, and his job situation. Think about how to meet any needs that you see in those situations and make notes for future reference. If the first 7 weeks is all the time you get with him in Bible study, try to still relate to him by mail, birthday cards, spiritual birthday cards, social things. All of these communicate that you love him even though you are not able to meet together right now.

Sessions 8-18 Give him the option of continuing. If he wants to continue, use Book 1,2,&3 of Studies In Christian Living. Supplement with supporting materials.

Topics: **Who Is Jesus Christ? The Work of Jesus Christ, Eternal Life In Christ, New Life, Lordship of Christ, Devotional Life, Witnessing For Christ. The Church, What Is The Bible, God's Word In Your Life, Principles of Prayer.** If he is not practicing the Q.T., S.M., Lordship, Fellowship, Application, then ask him to pray about whether God wants him to continue meeting with you or not. Then you pray about it too and decide what God whether God wants you to continue.

BEGINNING WITH CHRIST

Jesus Christ said, "Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will go in and eat with him, and he with me" (Revelation 3:20). Coupled with this wonderful truth is the statement in the Gospel of John that "to all who received him, to those who believed in his name, he gave the right to become children of God" (John 1:12).

If you have to the best of your knowledge received Jesus Christ, God's Son, as your own Savior, according to the Scriptures quoted above you have become a child of God in whom Jesus Christ dwells.

Too many people make the mistake of measuring the certainty of their salvation by their feelings. Don't make this tragic mistake.

Believe God! Take him at his word: "I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life" (1 John 5:13).

It is impossible in this short space to go into all the results of the transaction that took place when you received Christ. But you will learn some vitally important facts.

A child may be born into a wealthy home and become the possessor of good parents, brothers and sisters, houses and lands; but at the time of his birth it is not necessary that he be informed of all these things. There are more important matters to take care of first. He must be protected, for he has been born into a world of many enemies. In the hospital room he is handled with sterilized gloves and kept from outsiders that he might not fall victim to countless germs waiting to attack. He must be given nourishment regularly,

1

particularly. But now you have left his crowd and joined the ranks of those who believe in and follow the Son of God and his word. You are no longer in Satan's domain. You belong to Christ, who has bought and paid for you with a price—the price of his own blood shed on the cross.

You may be sure that Satan will attempt to trouble you. His attacks assume many forms, but we want to speak of some of the most common ones, and help you resist them successfully.

We can overcome Satan only as we use the weapons God has provided. In Ephesians 6:17 we read, "Take the helmet of salvation and the sword of the Spirit, which is the word of God." The word of God is the sword of the Spirit—our weapon of offense. In verse 16 of this chapter we are also commanded to "take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one." Faith is our shield. And since the word of God is the source of our faith, the Scriptures are also our weapon of defense.

In Matthew 4:1-11 you can read how Jesus Christ himself was tempted by Satan in three specific ways. Jesus defeated him each time by quoting Scripture, submitting himself to its authority. If Christ deemed it necessary to meet Satan this way, how much more do we need this weapon, the word of God, in our battles with evil!

1.

Assurance of Salvation

The five verses of Scripture in this pack will equip you for your first encounters with the enemy. His first approach is often to cast doubt on the work God has done in your heart.

3

and protected from exposure to extreme heat or cold.

You have become a child of God; you have been born into his family as a spiritual babe. You have the potential to live the rest of your life in victorious obedience to God. It is our desire to share with you a few simple truths which will strengthen you, and keep you safe from the onslaughts of Satan.

In 1 Peter 2:2 you will read, "Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation." And in Acts 20:32 you will read, "Now I commit you to God and to the word of his grace, which can build you up." His word will now serve as your spiritual food and will build you up in the faith.

You probably have a Bible. If not, get one and begin to read it faithfully every day. It is important that you begin to set aside time, preferably in the morning, to read and study the word of God, and to pray. A good place to start reading would be the Gospel of John or the Gospel of Mark.

A very effective way to get the Bible into your life is to begin memorizing key portions of it. Why should we do this? In Psalm 119:9 we read, "How can a young man keep his way pure? By living according to your word." Then in verse 11 the psalmist says to the Lord, "I have hidden your word in my heart that I might not sin against you." God's word gives us answers to everyday problems. So we challenge you to hide Scripture in your heart—to memorize it—to become stronger in your Christian life. In this pack we have included a few key passages with which you may begin.

But first, let us consider the new enemy you now face. Before you trusted Christ, Satan may not have bothered you

2

Although you won't hear his audible voice, he will whisper this in your mind:

"You don't think you are saved and your sins forgiven just by believing and receiving Christ? Surely that is not enough!"

What will your answer be? Your only hope of successfully resisting such an attack is to resort to God's word. What does God say about the matter? That is the important thing. The first memory passage, 1 John 5:11-12 is entitled **Assurance of Salvation**, and says:

"And this is the testimony: God has given us eternal life, and this life is in his Son. He who has the Son has life; he who does not have the Son of God does not have life."

When the truth of 1 John 5:11-12 is written in your heart, you can use it every time a doubt about your salvation arises.

2.

Assurance of Answered Prayer

Another attack of Satan may be to cause you to doubt the effectiveness of prayer. He may whisper to you, "You don't think God is really personally interested in you? He's far away, and concerned about more important things. Surely you don't think he'll hear your prayers—much less answer them!"

But with Jesus Christ as your Savior and Lord, you have the unique privilege of speaking directly with your heavenly Father through him. God wants you to come confidently into his presence through Christ and to talk to him about everything (look up Philippians 4:6 and Hebrews 4:14-16).

4

ASSURANCE OF SALVATION

EXPLORING 1 JOHN 5:11-12

Who gives eternal life?

Where is eternal life found?

Who has eternal life?

Who does not have eternal life?

MEMORIZE 1 JOHN 5:11-12*Assurance of Salvation*

And this is the testimony: God has given us eternal life, and this life is in his Son. He who has the Son has life; he who does not have the Son of God does not have life.

1 JOHN 5:11-12

The five verses you will memorize and study in *Lessons on Assurance* will equip you for your first encounters with the enemy. His first approach is often to cast doubt on the work God has done in your heart. Although you won't hear his audible voice, he will whisper this in your mind:

"You don't think you are saved and your sins forgiven just by believing and receiving Christ? Surely that is not enough!"

What will your answer be? Your only hope of successfully resisting such an attack is to resort to God's Word. What does God say about the matter? That is the important thing for you to know.

On the basis of this "testimony" — God's written Word — you can be convinced you have the Lord Jesus Christ, and with Him eternal life. You can thus overcome in this first test of your faith. The attack may recur, but now you can meet it with the Word of God in your heart.

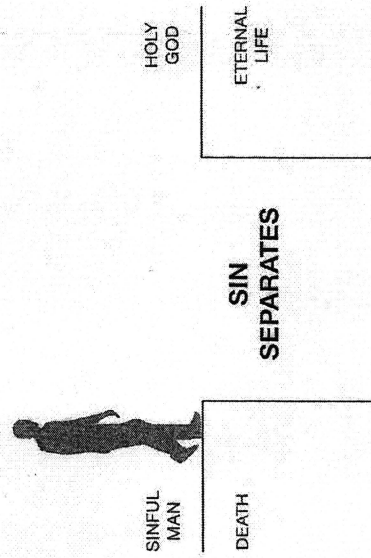
"THIS IS THE TESTIMONY"

1. What did John say in John 20:31 about why he wrote this book?

"GOD HAS GIVEN US ETERNAL LIFE"

2. According to Romans 5:8, how has God shown that He loves you?

3. What results of man's sinfulness are listed in Isaiah 59:2?



It was in 1882 on the campus of Cambridge University that the world was first given the slogan:

“Remember the morning watch.”

Students like Hooper and Thornton found their days “loaded” with studies, lectures, games and bull sessions. Enthusiasm and activity were the order of the day. These dedicated men soon discovered a flaw in their spiritual armor—a small crack which if not soon closed, would bring disaster.

They sought an answer and came up with a scheme they called the morning watch—a plan to spend the first minutes of a new day alone with God, praying and reading the Bible.

The morning watch sealed the crack. It enshrined a truth so often obscured by the pressure of ceaseless activity that it needs daily rediscovery: To know God, it is necessary to spend consistent time with Him.

The idea caught fire. “A remarkable period of religious blessing” followed, and culminated in the departure of the Cambridge Seven, a band of prominent athletes and men of wealth and education, for missionary service. They gave up everything to go out to China for Christ.

But these men found that getting out of bed in time for the morning watch was as difficult as it was vital. Thornton was determined

to turn indolence into discipline. He invented an automatic, foolproof cure for laziness. It was a contraption set up by his bed: “The vibration of an alarm clock set fishing tackle in motion, and the sheets, clipped to the line, moved swiftly into the air off the sleeper’s body.”

Thornton wanted to get up to meet his God!

The intimacy of communion with Christ must be recaptured in the morning quiet time. Call it what you want—the quiet time, personal devotions, the morning watch, or individual worship—these holy minutes at the start of each day explain the inner secret of Christianity. It’s the golden thread that ties every great man of God together—from Moses to David Livingstone, the prophet Amos to Billy Graham—rich and poor, businessmen and military personnel. Every man who ever became somebody for God has this at the core of his priorities: time alone with God!

David says in Psalm 57:7, “My heart is fixed, O God, my heart is fixed.” A fixed and established heart produces stability in life. Few men in the Christian community have this heart and life. One of the missing links has been a workable plan on how to begin and maintain a morning watch.

I want to suggest that in order to get under way, you start with seven minutes. Perhaps you

could call it a daily “Seven-Up.” Five minutes may be too short, and ten minutes for some is a little too long at first.

Are you willing to take seven minutes every morning? Not five mornings out of seven, not six days out of seven—but seven days out of seven! Ask God to help you: “Lord, I want to meet You the first thing in the morning for at least seven minutes. Tomorrow when the alarm clock goes off at 6:15 a.m., I have an appointment with You.”

Your prayer might be, “Morning by morning, O Lord, You hear my voice; morning by morning I lay my requests before You and wait in expectation” (Psalm 5:3).

How do you spend these seven minutes? After getting out of bed and taking care of your personal needs, you will want to find a quiet place and there with your Bible enjoy the solitude of seven minutes with God.

Invest the first 30 seconds preparing your heart. Thank Him for the good night of sleep and the opportunities of this new day. “Lord, cleanse my heart so You can speak to me through the Scriptures. Open my heart. Fill my heart. Make my mind alert, my soul active, and my heart responsive. Lord, surround me with Your presence during this time. Amen.”

Now take four minutes to read the Bible. Your greatest need is to hear some word from

Seven Minutes with God

by Robert D. Foster

God. Allow the Word to strike fire in your heart. Meet the Author!

One of the Gospels is a good place to begin reading. Start with the Book of Mark. Read consecutively—verse after verse, chapter after chapter. Don't race, but avoid stopping to do a Bible study on some word, thought, or theological problem which presents itself. Read for the pure joy of reading and allowing God to speak—perhaps just 20 verses, or maybe a complete chapter. When you have finished Mark, start the Gospel of John. Soon you'll want to go ahead and read the entire New Testament.

After God has spoken through His Book, then speak to Him—in prayer. You now have two and a half minutes left for fellowship with Him in four areas of prayer that you can remember by the word ACTS.

A—*Adoration*. This is the purest kind of prayer because it's all for God—there's nothing in it for you. You don't barge into the presence of royalty. You begin with the proper salutation. So worship Him. Tell the Lord that you love Him. Reflect on His greatness, His power, His majesty, and sovereignty!

C—*Confession* follows. Having seen Him you now want to be sure every sin is cleansed and forsaken. Confession comes from a root word meaning "to agree together with." Apply this to prayer. It means to agree with God. Something happened yesterday you called a slight exaggeration—God calls it a lie! You call

it strong language—God calls it swearing. You call it telling the truth about somebody in the church—God calls it gossip. "If I regard iniquity in my heart, the Lord will not hear me" (Psalm 66:18).

T—*Thanksgiving*. Express your gratitude to God. Think of several specific things to thank Him for: your family, your business, your church and ministry responsibilities—even thank Him for hardships. "In everything give thanks: for this is the will of God in Christ Jesus concerning you" (1 Thessalonians 5:18).

S—*Supplication*. This means to "ask for, earnestly and humbly." This is the part of your prayer life where you make your petitions known to Him. Ask for others, then for yourself. Why not include other people around the world, such as missionaries, students studying abroad, friends in distant places, and above all the people of many lands who have yet to hear about Jesus Christ.

Let's put these seven minutes together:

- | | |
|----|-----------------------------------|
| ½ | Prayer for guidance (Psalm 143:8) |
| 4 | Reading the Bible (Psalm 119:18) |
| 2½ | Prayer |
| | Adoration (1 Chronicles 29:11) |
| | Confession (1 John 1:9) |
| | Thanksgiving (Ephesians 5:20) |
| | Supplication (Matthew 7:7) |

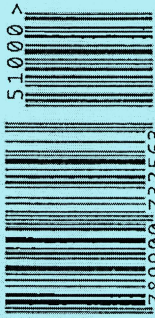
7 minutes

This is simply a guide. Very soon you will discover that it is impossible to spend only seven minutes with the Lord. An amazing thing happens—seven minutes become 20, and it's not long before you're spending 30 precious minutes with Him. Do not become devoted to the habit, but to the Savior.

Do it not because other men are doing it—not as a spiritless duty every morning, nor merely as an end in itself, but because God has granted the priceless privilege of fellowship with Himself. Covenant with Him now to guard, nourish, and maintain your morning watch of seven minutes.

25 PACK

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Having a seven minute quiet time together.

1. **Prayer** For Guidance and Illumination (No more than 30 seconds)

First Prays: Psalm 143:8 (ESV) Let me hear in the morning of your steadfast love, for in you I trust. Make me know the way I should go, for to you I lift up my soul.

2. Second Prays: Psalm 119:18 (ESV) Open my eyes, that I may behold wondrous things out of your law.

3. First Reads: Out Loud Mark 1:1-20 (ESV) The beginning of the gospel of Jesus Christ, the Son of God. [2] As it is written in Isaiah the prophet, "Behold, I send my messenger before your face, who will prepare your way, [3] the voice of one crying in the wilderness: Prepare the way of the Lord, make his paths straight." [4] John appeared, baptizing in the wilderness and proclaiming a baptism of repentance for the forgiveness of sins. [5] And all the country of Judea and all Jerusalem were going out to him and were being baptized by him in the river Jordan, confessing their sins. [6] Now John was clothed with camel's hair and wore a leather belt around his waist and ate locusts and wild honey. [7] And he preached, saying, "After me comes he who is mightier than I, the strap of whose sandals I am not worthy to stoop down and untie. [8] I have baptized you with water, but he will baptize you with the Holy Spirit." [9] In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. [10] And when he came up out of the water, immediately he saw the heavens opening and the Spirit descending on him like a dove. [11] And a voice came from heaven, "You are my beloved Son; with you I am well pleased."

Second Reads Out Loud: [12] The Spirit immediately drove him out into the wilderness. [13] And he was in the wilderness forty days, being tempted by Satan. And he was with the wild animals, and the angels were ministering to him. [14] Now after John was arrested, Jesus came into Galilee, proclaiming the gospel of God, [15] and saying, "The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel." [16] Passing alongside the Sea of Galilee, he saw Simon and Andrew the brother of Simon casting a net into the sea, for they were fishermen. [17] And Jesus said to them, "Follow me, and I will make you become fishers of men." [18] And immediately they left their nets and followed him. [19] And going on a little farther, he saw James the son of Zebedee and John his brother, who were in their boat mending the nets. [20] And immediately he called them, and they left their father Zebedee in the boat with the hired servants and followed him.

4. First Asks: Does anything stand out to you in this passage?

5. Second shares what stands out to them: Hold Your Responses To 30 Seconds

5. Continued.... First shares what impresses him.

6. First says "Let's share a prayer request and pray using ACTS. Adoration mean praise. We praise God for Who He is and we Thank Him for what He does. There are some praises here from God's Word about Him and we'll use those. Can you think of something you would like to thank Him for?"

First says; "Let's also share something we can pray for each other. What can I pray for you today?" Each Shares one Simple Prayer Request (30 Seconds

7. Pray: These 3 Verses, (2 ½ Minutes)

a. Adoration: First Praises: 1 Chron. 29:11 (ESV) I praise you that "Yours, O Lord, is the greatness and the power and the glory and the victory and the majesty, for all that is in the heavens and in the earth is yours. Yours is the kingdom, O Lord, and you are exalted as head above all".

Second praises: Lord Jesus, You are the Good Shepherd. You know Your own, and Your own know You. You came that I might have life and have it more abundantly. You have laid down Your life for me. You are the door of the sheep. Through You I enter and am safe, and go in and out and find pasture.

b. Confession: First says, "If you have any sins to confess just confess them silently" then Prays , 1 John 1:9 (ESV) Lord, thank you that "If we confess our sins, You are faithful and just to forgive us our sins and to cleanse us from all unrighteousness."

c. Thanksgiving: First prays Ephes. 5:20 (ESV) Lord, we want to be 'giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ,' Thank you for.....

Second Thanks God for what he named above.....

d. Supplication: Each prays for the other person's request.