

# **Husbands Love Your Wives and Quiet Time**

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## **I. Introduction.**

- A. A husband and wife should learn to enjoy each other in a recreational way.
- B. Most Christians do not read their Bibles themselves—most of what they get is second hand.
- C. There is life and joy in spending a little time in God's Word each day.

## **II. If Jesus needed to spend time in prayer, we do too. (John 4, Mark 1)**

- A. You have to be motivated.
- B. You have to make a decision.
- C. Suggestion: spend seven minutes a day in a solitude place.
  - 1. Take the first thirty seconds and ask God to open your heart. (Psalm 119)
  - 2. Spend four minutes in the Bible. Pick a simple book like Philippians. Meditate on it.
  - 3. Spend the rest of the time praying for concerns, missionaries, personal needs, etc.
    - a. Adoration.
    - b. Confession.
    - c. Thanksgiving.
    - d. Supplication.

## **III. Husbands love your wives.**

- A. Communication is a frequent problem in marriage.
  - a. Spouses need to be included in communication.
  - b. Spouses need to be listened to. (Proverbs 18:13)
  - c. Spouses need to be understood. (Proverbs 18:2)
- B. Good communication is only possible by God's power.

**Application questions:**

1. How would you help a new believer establish their personal quiet time?

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2. What advice would you give a couple about practical listening?

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3. What is your plan for learning the Bible?

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