“Thou wilt keep him in perfect peace, whose mind is stayed on Thee, because he trusteth in Thee” (Isaiah 26:3).

In the 1950’s I was in Dallas on a ministry assignment. We were having a rally in the Nav home and I was to give my testimony. Shortly before the meeting the phone rang. It was long distance, for me. A friend was calling from my home town of Nealo, Iowa. “LeRoy, I've got some bad news for you. Your father has passed away. Your mom is holding up pretty well. You'd better come right home.”

When I hung up the phone I called to find out when the next train left for Omaha. It was later that night. We went ahead with the rally. I gave my testimony and then someone took me to the train. I was there all alone with my thoughts as the train rattled northward.

Naturally I got out my Bible and began to read. I was reading in Isaiah and came across the verse we are looking at today. It suddenly struck me. That's what's going on in my life right now!

Although I had the normal reactions of sadness and lonesomeness and was apprehensive as to what I'd find when I got home, my heart was at perfect peace.

I was a fairly young Christian at the time and as I look back on that experience, I realize that it was one of those times, early in my walk with God, that He began to teach me the reality of these promises in His Word. They are more than just tremendous words to be carved in redwood and hung on the wall.

They are words that will prove true in daily experience; words that we can build our lives on; words that have behind them the character of God Himself.

Peace is a rare commodity these days. Nations are at each other's throats. Races, if they are not actually hitting each other, are eyeing one another with the kind of hatred that can explode any minute. Members of different religions who have lived together under shaky conditions for years, have turned to violence and bloodshed.

And, individuals who face the world scene and the uncertainties of the future, walk around with hearts that are burdened by a lack of peace. What is the secret to perfect inward peace?

Two things are brought out in this verse. First of all, a mind that is stayed upon the Lord. As we keep the Lord in the forefront of our minds and reflect upon His goodness and grace, the peace of God will make itself known and will become a reality in our lives.
The second is a mind that is resting in the Lord in simple faith, in spite of the outward circumstances of life. So it is a heart stayed or fixed on God and a heart that rests in the Lord and trusts His Word.

The Psalmist said, “He shall not be afraid of evil tidings; his heart is fixed, trusting in the Lord” (Psalm 112:7).

This vital Bible verse is just one of 60 carefully selected scriptures that are contained in The Navigators Scripture Memory course. If you want to memorize Scripture, but aren't sure what to memorize or how to get started, this is exactly what you need. The *Topical Memory System* includes memory verse cards in eight different Bible versions - NIV, KJV, NASB, NKJV, NLT, NIRV, ESV and The Message. Topics include all of the basics of the Christ-centered Spirit-filled life, sharing your faith, and growing on to maturity in your walk with God. May God bless you as you fill your life with His Word!