“Casting all your care upon Him; for He careth for you” (I Peter 5:7).

Let's say you are walking along a path with a friend. You are tired, hungry and weak. On your back is a heavy load and you are about to stumble under its weight. Your friend has just eaten. He is well rested and strong. He is a physical giant of a man; big muscles, powerful frame, in perfect physical condition. He asks you if you would let him carry your load. He is so big, so powerful, that he would hardly notice its weight.

Would you let him do it? He is ready, willing and able. Would you smile and say, “Thanks a lot,” and give him your burden? Or would you insist on carrying it yourself while he plead with you to let him take it?

Think about that in light of your walk with God. From time to time burdens come our way that are heavy to bear. Paul says, “We groan, being burdened.” God, who is walking with us, has a word for us. Our verse for today refers back to a psalm: “Cast thy burden upon the Lord, and he shall sustain thee; he shall never suffer the righteous to be moved” (Psalm 55:22). What a promise!

The best way to relieve yourself of your burden is to cast it upon the Lord. God takes no delight in seeing tears in your eyes or a look of sadness on your face. Your groans and sighs are not music to His ears. And here is an amazing thing: He will not only carry the burden, but He will also infuse you with new strength to bear you up and keep you from falling. He will sustain you: “As thy days, so shall thy strength be.”

Then comes the promise: He shall never suffer the righteous to be moved. Never! Do you believe that? Oh, you may move as the limbs of a tree in a violent wind, but you will never topple. You stand firm when you stand in God.

One of the most famous men of our day is an architect. He has world-wide fame. Do you know how he got it? Years ago there was an earthquake in a great city and when the dust had settled, his building was the only one left standing. There it stood, all alone, bringing glory to its designer and builder. The world asked: “who is this man?” And instantly his work was in demand around the globe.

This is the promise of God. Like pillars, the godly in Christ stand immovable, to the glory of the heavenly architect.

Why does the Lord do this? Why will He carry our burdens, sustain us, cause us to not be moved? Because “He careth for you”. So take your burdens and cares and give them to God lest they torture and distract your mind, hinder your service and rob you of the joy of the Lord.
This vital Bible verse is just one of 60 carefully selected scriptures that are contained in The Navigators Scripture Memory course. If you want to memorize Scripture, but aren't sure what to memorize or how to get started, this is exactly what you need. The *Topical Memory System* includes memory verse cards in eight different Bible versions - NIV, KJV, NASB, NKJV, NLT, NIRV, ESV and The Message. Topics include all of the basics of the Christ-centered Spirit-filled life, sharing your faith, and growing on to maturity in your walk with God. May God bless you as you fill your life with His Word!