

# Take Heed to Yourself

*Gene Warr*

## I. Introduction.

- A. God expects us to take heed of ourselves. (Song o Solomon 1:6)
- B. When the pressure is on, our spiritual disciplines start to fail—our lives need protecting because there is a spiritual battle and the Devil is after us. (Ephesians 6; 1 Peter 5:8)

## II. We can be protected by...

- A. Realizing that we need protected. (1 Corinthians 10:12)
- B. Reading the labels closely. (Isaiah 5:20; Luke 21:8; Colossians 2:8; 2 Corinthians 11:13)
- C. Watching the little things. (Song of Solomon 2:15; Romans 13:14)
- D. Protecting your attitudes. (Hebrews 12:15; Proverbs 14:30)
- E. Keeping your priorities straight. The basis of our service is our fellowship. (Matthew 4:9; Ephesians 2:10; 1 Corinthians 1:9; Luke 12:15; 1 Timothy 6:10; Matthew 6:33)
- F. Guarding against self seeking. (Jeremiah 45:5; Psalm 75:6-7)
- G. Being ruthless with yourself. (John 12:24; Luke 9:23)
  - 1. God wants us to be a certain kind of vessel. Personal purity is a must in the Christian life. (2 Timothy 2:15-21)
  - 2. We are to be ruthless as far as the opposite sex is concerned. (1 Peter 2:11)
  - 3. Be radical in protecting your thought life. (Romans 12:2; Ephesians 4:23-24; Matthew 4:24; Luke 8:18)
  - 4. Personal purity is not automatic. (1 Timothy 4:7)
- H. Humbling yourselves. (1 Peter 5:5-6; 4:17; 2 Chronicles 7:14)
- I. Realizing your utter dependence upon God's protection. (Psalm 34:7; 25:21)
- J. Nurturing your lives by feeding on God's Word and by prayer. (2 Peter 1:19; Acts 20; 1 Peter 2:2-3)
- K. Watching your motives.
- L. Being willing to be pruned. (Romans 8:28)
- M. Being fruitful to bear fruit. (Psalm 127:1; Romans 7:14; Philippians 3:3)
  - 1. We must abide in Jesus. (John 15)

2. We must reflect Jesus. (1 John 4:17; John 20:21; 2 Corinthians 3:18; 1 Timothy 3:16)

3. We must be willing to share our lives.

III. Conclusion. (Deuteronomy 4:9; Ezekiel 3:10)

**Application questions:**

1. What does it mean to take heed to yourself?

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2. Why is it important to take heed to yourself?

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3. Which method of taking heed to yourself do you think is the most important? Explain.

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