

Focus

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I. Introduction.

A. We have a choice about who we are going to focus on.

II. When we focus on God, everything else will blur. Our vision about God will be clear.

A. We can only focus on one thing and cannot serve two masters. (Colossians 1:9; Matthew 6:24; Philippians 3:11-14; Psalm 25:15)

B. It is easy to focus on our circumstances and weaknesses instead of on God. (Numbers 13; Psalm 57:7)

III. Focus will determine the direction of your life. (Psalm 57:7)

IV. Focus will determine the quality of your life.

V. Focus will determine your character. (Proverbs 22:7; 4:23)

VI. Focus will determine your self-image.

VII. As we focus on God we will find feedback from his heart to ours about our value. (Psalm 131)

A. Admit the wrong thoughts about yourself.

B. Cooperate with God.

C. Make a total commitment to God.

D. Ask God to make your weaknesses your strengths. (2 Corinthians 12:9)

VIII. Things that get our focus off of God.

A. Worldliness.

B. Other people. (John 5:44)

C. Being too busy.

D. Focus on our own imperfections.

IX. Overcome weaknesses by focusing on God.

A. Focus on God's character.

B. Spend time in the Word. (Psalm 119:1; Colossians 3:16)

C. Worship him. (Matthew 4:10)

D. Meditate. (Psalm 119:9; Ephesians 5:19)

E. Share your testimony. (Psalm 56:16)

F. Make a list of things to be thankful for. (1 Thessalonians 5:18)

G. Listen to spiritual messages on tape.

X. Results of a life focused on God.

A. Your life will only be explainable by Jesus. (Acts 4:13)

B. The fruit of the Spirit will be evident in your life. (Galatians 5:22-23)

XI. Question and answer.

Application questions:

1. What are the benefits of focusing on God?

2. What are barriers to focus on God?

3. How do we sharpen our focus on God?
